

Translation National Protocol Ambulance Care (LPA) 8.1

Protocol 4.5 – Transient loss of consciousness (syncope)

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Transient loss of consciousness (syncope)

Sudden transient loss of consciousness
with rapid spontaneous full recovery

History of the event

- Triggering factor(s)*
- Prodromal symptoms **
- Briefly unconscious
- Clear consciousness immediately after transient loss of consciousness
- No complaints within 15 minutes

Rule-out

- ECG: ischemia, rhythm/conduction disorders
- Syncope during exercise
- Neurological symptoms/abnormalities
- Blood glucose level < 3,5 mmol/l
- Red flags ***

* Triggering factors

- Emotional stimulus, fear, pain
- Prolonged standing in crowded, hot environment

** Prodromal symptoms

- Light headedness/dizziness
- Nausea, paleness, sweating
- Visual disturbances

*** Red flags

- Sudden cardiac death < 40 years of age, in family history
- 1st episode > 35 years of age
- Medical history: cardiovascular abnormalities, pulmonary embolism, pulmonary hypertension