

Virtual Reality in the Operating Room: Using Immersive Relaxation as an Adjunct to Anesthesia

Baseline Survey

Thank you for your participation in our study. We would like to ask you a few questions.

Have you ever used a VR headset before?

- ☐ Never
- ☐ Once
- ☐ A few times
- ☐ Many times

Have you ever been interested in using a VR headset?

- ☐ Yes
- ☐ No
- ☐ I am unsure.

I think that VR should be used for patients undergoing hand or wrist surgery.

- ☐ True
- ☐ False
- ☐ Unsure

Please respond to each item about your surgery by marking one box per row. In the past 7 days....

	Never	Rarely	Sometimes	Often	Always
I felt fearful.	☐	☐	☐	☐	☐
I found it hard to focus on anything other than my anxiety.	☐	☐	☐	☐	☐
My worries overwhelmed me.	☐	☐	☐	☐	☐
I felt uneasy.	☐	☐	☐	☐	☐
I felt nervous.	☐	☐	☐	☐	☐
I felt like I needed help for my anxiety.	☐	☐	☐	☐	☐
I felt anxious.	☐	☐	☐	☐	☐
I felt tense.	☐	☐	☐	☐	☐

Baseline Survey - Version Date: 03/20/2019

For Study Staff:

VRHealth Study ID: _____

Date and Time of Survey Administration: _____ (MM/DD/YYYY) at ____:____

Person providing responses (circle one):

Patient

Surrogate: _____ (relation to patient)

Person recording responses: _____

Additional notes (if applicable):