



The present survey will circulate to the Health Promoting Sports Coach group, in order to move on the different parts of the implementation guidance. Three parts are present here: title, checklist on coaches' behaviors and on theoretical background.

Could you respond to the survey before March 10th?

Thank you,

Kind regards,

Aurélie

Section A: Health Promoting Sports Coach guidance name

This part is on defining the name of the guidelines

A1. Which subtitle would you prefer?

Health Promoting Sports COACH implementation guidance

☐

Health Promoting Sports COACHING implementation guidance

☐



A2. Rank in order of priority (the first being the most important) the 5 different adjectives you would like to see in the title. It's not necessary to rank them all.

The title will speak out as : Adjective 1, adjective 2, adjective 3 coach/coaching

supportive	
positive	
motivating	
healthy	
active	
cooperative	
sensitive	
person-centred	
nurturing	
responsive	
welcoming	
fair	
encouraging	
holistic	
communicating	
human	
modeling	
empowering	
attentive	
engaging	
facilitating	
caring	
anchored (in the club)	

[illegible]



B3. From your point of view, what are the 5 actions a coach should be doing AFTER TRAINING (i.e. from a few minutes to a day) to promote his/her athletes' health or well-being?

Action 1	
Action 2	
Action 3	
Action 4	
Action 5	

B4. From your point of view, what are the 5 actions a coach should be doing BEFORE COMPETITION (i.e. from a day to few minutes) to promote his/her athletes' health or well-being?

Action 1	
Action 2	
Action 3	
Action 4	
Action 5	

B5. From your point of view, what are the 5 actions a coach should be doing DURING COMPETITION to promote his/her athletes' health or well-being?

Action 1	
Action 2	
Action 3	
Action 4	
Action 5	

B6. From your point of view, what are the 5 actions a coach should be doing AFTER COMPETITION (i.e. from a few minutes to a day) to promote his/her athletes' health or well-being?

Action 1	
Action 2	
Action 3	
Action 4	
Action 5	



B7. From your point of view, what are the 5 actions a coach should be doing OUTSIDE COACHING (i.e. not directly linked to a training or a competition) to promote his/her athletes' health or well-being?

Action 1									
Action 2									
Action 3									
Action 4									
Action 5									

Section C: Theoretical background

This part is dedicated on the validation of proposal made by the group or by the team in regard to theoretical background.

C1. These are the commonalities across the different definitions of health promoting sports coach given by the working group participants during the first meeting. Do you see any addition to these, that will serve as a word cloud or figure in the final document

Commonalities on coaching behaviors:

To seek to develop skills and acquire knowledge To manage their environment (i.e., practices and activities) to implement health To be helped by others stakeholders support To be a global part of system and environment (coaches as a key part of this system) To develop health, notably well-being To anchor health in its volunteer dimension To promote global health impact (social, mental and physical)

C2. This is the tentative definition for a health promoting sports coach: The coach is an active part of the system, demonstrating and sharing skills and knowledge in their coaching, to promote health and wellbeing across the sports setting. Please add comments or reformulate this definition based on your vision.

