

Supplementary material 3

Original article

“The professionals weren't from here”: Provision of mental health services in the context of the Colombian armed conflict”

Focus Group Guide

Objective: Address the characteristics of the provision of mental health services in the context of the armed conflict from the perspectives of mental healthcare personnel and administrative staff involved in mental health care in the Montes de María region.

Introduction and group rules: Presentation of the research team and participants, aim of the group, signature of informed consent.

Focus group discussion questions:

1. Perspectives on mental health needs in Montes de María:
 - 1.1 What does mental health mean to you?
 - 1.2 How do you think the mental health of the people in Montes de María is?
 - 1.3 What mental health problems do you identify in the population?
 - 1.4 What factors affect the mental health of the people in Montes de María?
 - 1.5 What are the mental health impacts derived from the armed conflict that has taken place in the region?
2. Provision of mental health services:
 - 2.1 What team do you have in the mental health program?
 - 2.2 What resources are available for mental health care in the region?
 - 2.3 What mental health care teams are present in the territory?
 - 2.4 How is the coordination between mental health institutions present in the territory?
 - 2.5 What are the main challenges when providing mental health care to the communities of Montes de María?
 - 2.6 What factors could strengthen the provision of this service?
3. Experiences in mental health care in Montes de María:
 - 3.1 How do you provide mental health care to the people of Montes de María?
 - 3.2 What has been the experience of providing mental health services to the communities of Montes de María?

3.3 What aspects facilitate or hinder mental health care?

Pathways to mental health care and access to services:

4.1 What are the strategies and/or pathways for mental health care in Montes de María, and how do they work?

4.2 Who are these strategies and/or pathways aimed at?

4.3 If a person in Montes de María requires mental health care and/or psychosocial support, how can they access it?

4.4 Are there any requirements to access mental health care?

4.5 To what extent does the community access these services?

4.6 What aspects related to the armed conflict facilitate or hinder access to mental health services in Montes de María?

Conclusion: Any further comments or recommendations regarding the provision of mental health services in the context of the armed conflict in Montes de María. Thank you for the participants and their contributions.