

Additional file 4: Interview guide for qualitative interviews

a. Consumer interviews

- The following questions and prompts will be used to guide the semi-structured interview.
 - Can you please provide some feedback on your experience of care during your admission?
 - What worked for you and what did not?
 - What type of things were put in place to help you with your disordered eating?
- In your experience, were nursing staff proactive in talking to you about your eating disorder and helping you work through your eating disorder goals?
 - Can you please tell us about your experience using the Eating Disorder Support Plan (MR2G)?
 - Which aspects of the Support Plan were most useful?
 - Did you find it helpful to know about the Epworth policies around eating disorder care from the
- point of admission? (ie. regular weights, monitoring of blood pressure etc).
 - Can you provide some feedback around the support you received at meal times?
 - Which aspects of meal support were most useful?
 - Did you experience any challenges around this?
- Do you have any recommendations for changes to the way clinical care for disordered eating is provided at Epworth Clinic?
- How would you describe the changes you have experienced with your health and eating during
- your visit?
- Do you have any further comments or feedback

b. Health professional interviews

Socio- demographic questions

- Role
- Number of years working in mental health
- Number of years working at Epworth

Implementation team

- How would you describe your involvement in the implementation of an eating disorders clinical pathway?
- How would you describe the pathway to someone outside the team?
- What do you think have been the most successful elements of the implementation?
 - Prompts
 - Patient outcomes
 - Pathway elements
 - Health professional training
- Where do you see the difficulties or hold ups for implementation?
- How has this improved the service that Epworth provides for health consumers?
- Do you see this process being maintained beyond the scope of the project? Why? How could the process be maintained and embedded as a regular care pathway?

Mental health ward health professionals (excluding VMOs)

- How would you describe your involvement in the eating disorders clinical pathway and its implementation?
- What do you think have been the most successful elements of the implementation?
 - Prompts
 - Patient outcomes
 - Pathway elements
 - Health professional training
- Where do you see the difficulties or hold ups for implementation?
- What have you personally gained from this program (prompts: education, clinical pathway knowledge, ways of working)
- How has the program changed the way you work with people with disordered eating? If not, why not and how could this change?
- Could you please provide some feedback on these elements of the clinical pathway and training program if you are familiar with them?
 - SCOFF tool screening
 - Intake triage pathway
 - Eating Disorders Support Plan (MR2G)
 - Increased physical health monitoring
 - Dietitian input and care
 - Provision of supportive meal therapy
 - Health professional training (prompts – in hospital eating disorder training, supportive meal therapy training)
- How has this improved the service that Epworth provides for health consumers?
- Do you see this process being maintained beyond the scope of the project? Why? How could the process be maintained and embedded as a regular care pathway?

Visiting Medical Officers

- Have you admitted and provided inpatient clinical care to any people with an eating disorder over the past 3 months?
- Are you familiar with the eating disorder clinical pathway? Have you utilised the eating disorder clinical pathway to guide clinical care?
- Can you provide some feedback on your recent experience for supporting consumers with eating disorders?
- Could you please provide some feedback on these elements of the clinical pathway if you are familiar with them?
 - SCOFF tool screening
 - Intake triage pathway
 - Eating Disorders Support Plan (MR2G)
 - Increased physical health monitoring
 - Dietitian input and care
 - Provision of Supportive Meal Therapy
- Did you find that the clinical pathway and the associated forms and processes supported you and your consumers?
- What do you think have been the most successful elements of the implementation? Are there elements that you think require tweaking or change?

- How has this improved the service that Epworth provides for health consumers?
- Do you see this process being maintained beyond the scope of the project? Why? How could the process be maintained and embedded as a regular care pathway?