

Appendix 1: Critical Appraisal Table

[illegible]

MIXED METHODS																					
5.1	Is there an adequate rationale for using a mixed methods design to address the research question?	N																		Y	
5.2	Are the different components of the study effectively integrated to answer the research question?	Y																		Y	
5.3	Are the outputs of the integration of qualitative and quantitative components adequately interpreted?	Y																		Y	
5.4	Are divergences and inconsistencies between quantitative and qualitative results adequately addressed?	N/A																		Y	
5.5	Do the different components of the study adhere to the quality criteria of each tradition of the methods involved?	Y																		Y	
JOURNAL Q RANKING		Q1	Q1	Q1	Q2	Q1	Q1	Q1	Q1	Q1	Q1	Q1	Q1	Q2	Q2	Q1	Q1	Q1	Q1	Q1	Q1
Attrition Rate – Percentage %		16.7	N/A	N/A	26.3	N/A	N/A	50.3	N/A	N/A	32.9	N/A	*	N/A	N/A	N/A	N/A	3.4	N/A	46.5	N/A

KEY

Colour	
Green	Yes
Red	No
Grey	Not used/relevant
Orange	From a Q1 Journal
Blue	Attrition rate explained/discussed
Indicator	
N/A	Not applicable
?	Can't tell
Q1, Q2	Journal Ranking

*Data collected at three timepoints, therefore, has two distinct dropout rates
Attrition between Time 1 and Time 2 – 38.4% - beginning to end of treatment
Attrition between Time 1 and Time 3 – 76.8% - beginning to 2-12 months post treatment

Appendix 2
Participant Information
In alphabetical order

Name	Gender	Age	Setting	Diagnosis	Illness Duration Range	Author (year)
Amelia	Female	31-64	Community: Recovered	AN	9-44 years (15.5)	Dawson et al. (2014)
Bonnie	Female	18-41	Inpatient	AN	0.3-23 years post diagnosis (6.3)	Smith et al. (2017)
Charlotte	Female	31-64	Community: Recovered	AN	9-44 years (15.5)	Dawson et al. (2014)
Chloe	Female	31-64	Community: Recovered	AN	9-44 years (15.5)	Dawson et al. (2014)
Clara	Female	22-32	Community: Recovered	AN	N/A	Espíndola et al. (2013)
Elsie	Female	18-41	Inpatient	AN	0.3-23 years post diagnosis (6.3)	Smith et al. (2017)
Emily	Female	31-64	Community: Recovered	AN	9-44 years (15.5)	Dawson et al. (2014)
Inès	Female	Over 18	Inpatient	AN	N/A	Gorse et al. (2013)
Jane	Female	Mean age of 31	Outpatient, COPP	AN, BN, or EDNOS	Mean of 15.23 years	Williams et al. (2010)
Jessica	Female	31-64	Community: Recovered	AN	9-44 years (15.5)	Dawson et al. (2014)
Julie	Female	Mean age of 31	Outpatient, COPP	AN, BN, or EDNOS ¹	Mean of 15.23 years	Williams et al. (2010)
Kalle	Male or female	18–56	Holds self-admission contract	AN	3-42 years (15)	Strand et al. (2017)
Léa	Female	Over 18	Inpatient	AN	N/A	Gorse et al. (2013)
Linnéa	Female	23-26	Community: Recovered	BN	N/A	Lindgren et al. (2015)
Madison	Female	19-52	Community	AN	Lifetime history	Darcy et al. (2010)
Maisie	Female	18-41	Inpatient	AN	0.3-23 years post diagnosis (6.3)	Smith et al. (2017)

¹ EDNOS is a DSM-4 Diagnosis. The DSM-5 comparative is OSFED.

Marie	Female	Over 18	Inpatient	AN	N/A	Gorse et al. (2013)
Mia	Female	31-64	Community: Recovered	AN	9-44 years (15.5)	Dawson et al. (2014)
Misha	Male or female	18–56	Holds self-admission contract	AN	3-42 years (15)	Strand et al. (2017)
Olivia	Female	31-64	Community: Recovered	AN	9-44 years (15.5)	Dawson et al. (2014)
Ruby	Female	31-64	Community: Recovered	AN	9-44 years (15.5)	Dawson et al. (2014)
Susan	Female	28-59	Community	BN, OSFED, or BED	10-53 years (22.4)	Olofsson et al. (2020)