

ADDITIONAL FILE 1

CPD requirements for ANZAED credential and professions eligible for the credential in

Australia

Health Professional	Professional body	Supervision requirements	Other CPD requirements
Dietitians & mental health professionals	ANZAED	Minimum of 6 hours of ED specific supervision per year (at least 3 hours of individual supervision). Supervisors must be credentialed or meet the eligibility criteria for the credential [1].	Minimum of 15 hours of other ED specific CPD (e.g., workshops & training, higher education, conferences) [1]
Dietitians	Dietitians Australia	No supervision requirements. Provisional accredited practising dietitian (APD) must complete 12 months of formal mentoring. Formal mentoring for provisional APD's must be with a full APD [2].	Minimum of 30 hours of other CPD each year [2].
Counsellors & Psychotherapists	Psychotherapy and Counselling Federation of Australia (PACFA)	Minimum of 10 hours of formal supervision each year. If a practitioner has accrued over 400 hours of client practice hours per annum, they must undertake 15 hours of formal supervision. Additional hours of supervision are strongly recommended for those with a full practice. For those seeking more senior clinical registration, 75 post-graduation supervision hours with a minimum of 50% as individual supervision. Peer supervision is only for senior practitioners who have been members with PACFA for 5 continuous years and can only make up 50% of the required hours. Supervisors must have a minimum of 5 years clinical experience and have supervision competencies equivalent to the requirements of the PACFA supervision training standards. The supervisor does not have to be a PACFA registrant and may be from a cognate field [3].	Minimum of 20 hours of other CPD annually [3].
	Australian Counselling Association (ACA)	To maintain membership with the ACA, members need to complete a minimum of 10 hours of supervision annually. The ratio of supervision hours should be 1 hour of supervision for every 20 hours of client contact or at least once a week if in full time employment. A supervisor needs to be an ACA registered supervisor or an ACA recognised supervisor [4].	Members are required to complete 25 points of professional development per membership year (point allocation for each eligible activity is defined by the ACA) [4].
Mental health nurse	Australian College of Mental Health Nurses (ACMHN)	No specific supervision requirements.	A minimum of 50 hours of CPD over the previous 12 months (40 hours must be relevant to mental health

			nursing and up to 10 hours does not need to be directly related to mental health) CPD is categorised into two distinct domains: Education related activities (professional education; minimum of 20 hours) Practice related activities (practice development; minimum of 20 hours) [5].
Nurse practitioners	Australian Health Practitioner Regulation Agency (AHPRA)	Supervision is a requirement for nurse practitioners with a registration requirement, notation, condition, or if there is an undertaking recorded on the practitioner's registration [6].	Minimum of 30 hours of CPD (20 hours for registered nurse + 10 hours relating to prescribing and administering medication, diagnostic investigations, consultations, and referral) [7].
Occupational therapists	Australian Health Practitioner Regulation Agency (AHPRA)	Supervision is a requirement for practitioners with limited, provisional registration, or conditions on their registration. Supervision requirements will vary for each practitioner. Supervisors should have their general registration and have at least two years of experience [8].	A minimum of 20 hours of CPD yearly, including a minimum of 5 hours of CPD in an interactive setting with other practitioners [9].
Psychiatrists	Australian Health Practitioner Regulation Agency (AHPRA)	Psychiatrists are required to participate in practice peer review. However, there are no specific formal supervision requirements [10].	Psychiatrists need to meet the requirements of a CPD program of an accredited CPD home. A minimum of 50 hours of CPD activities each year that are made up of the following: • At least 12.5 hours in educational activities. • At least 25 hours in activities focused on reviewing performance and measuring outcomes. The remaining 12.5 hours across any CPD type [11].
Psychologists	Australian Health Practitioner Regulation Agency (AHPRA)	Psychologists must complete 10 hours of peer consultation annually. This includes supervision, mentoring, and consultation in a one-on-one or group format. Supervisors should be more experienced and knowledgeable than the supervisee [12].	Psychologists need to complete 20 hours of other CPD activities annually [12].
Social workers	Australian Association of Social Workers (AASW)	Social workers must complete a minimum of 10 hours of supervision, professional mentoring, professional coaching and professional consultation. It is preferred that supervision is conducted by a social worker, but it isn't a requirement [13].	Accredited social workers need to complete a minimum of 30 CPD hours annually to maintain their accreditation. CPD is divided into categories: 1. Skills and knowledge (minimum 15 hours) 2. Professional identity (minimum 5 hours) 3. Supervision (10 hours)

			Any accredited mental health social workers also need to complete an additional 10 hours of CPD that is on focussed psychological strategies [13].
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References

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