

Additional File 4: Interview Participant Demographics

	ED Lived Experience (L, n = 21)		HCPs (H, n = 16)	
	n	%	n	%
Gender				
Male	1	4.8%	2	12.5%
Female	20	95.2%	14	87.5%
Age (years)				
16-20	3	14.3%	0	0.0%
21-30	5	23.8%	0	0.0%
31-40	8	38.1%	7	43.8%
41-50	3	14.3%	4	25.0%
51-60	3	14.3%	5	31.3%
Over 60	0	0.0%	0	0.0%
Ethnicity				
Caucasian/European	15	71.4%	9	56.3%
Other (Aboriginal Australian, Asian, Black, Unspecified Australian)	6	28.6%	7	43.8%
Member of Participant Group/s in Addition to Lived Experience or HCP				
None (identifies with only one group)	14	66.7%	9	56.3%
Lived experience	-	-	6	37.5%
Carer/ personal support	2	9.5%	2	12.5%
Healthcare provider	6	28.6%	-	-
Pastoral carer	2	9.5%	1	6.3%
Education				
Secondary school	2	9.5%	0	0.0%
Professional qualification, certificate or diploma	6	28.6%	1	6.3%
Bachelor's degree	5	23.8%	4	25.0%
Graduate Certificate or Diploma	1	4.8%	0	0.0%
Master's degree	5	23.8%	10	62.5%
Doctoral degree	2	9.5%	1	6.3%
Religious Affiliation or Current Denomination Attended				
Christian:	18	85.7%	15	93.8%
<i>Catholic</i>	2	9.5%	1	6.3%
<i>Pentecostal/ Charismatic Protestant</i>	5	23.8%	5	31.3%
<i>Other Protestant</i>	7	38.1%	7	43.8%
<i>Other (Non-practising, not further specified)</i>	4	19.0%	2	12.5%
No religious affiliation	3	9.5%	1	6.3%

	ED Lived Experience (L, n = 21)		HCPs (H, n = 16)	
	n	%	n	%
Religiosity ('I consider myself to be religious')				
Strongly disagree	0	0.0%	0	0.0%
Disagree	4	17.4%	2	12.5%
Neutral	3	13.0%	2	12.5%
Agree	9	39.1%	6	37.5%
Strongly agree	7	30.4%	6	37.5%
Spirituality ('I consider myself to be spiritual')				
Strongly disagree	1	4.8%	0	0.0%
Disagree	1	4.8%	0	0.0%
Neutral	2	9.5%	1	6.3%
Agree	8	38.1%	5	31.3%
Strongly agree	9	42.9%	10	62.5%
ED Diagnosis*				
Anorexia nervosa	13	61.9%		
Bulimia nervosa	6	28.6%		
Binge eating disorder	4	19.0%		
Avoidant/restrictive food intake disorder	2	9.5%		
Other specified feeding and eating disorder	5	23.8%		
Rumination disorder	1	4.8%		
ED Recovery**				
Not yet recovered	0	0.0%		
Partially recovered	11	52.4%		
Fully recovered	10	47.6%		
HCP Occupation				
General practitioner (i.e. Family Physician)			4	25.0%
Dietitian			2	12.5%
Counsellor			1	6.3%
Psychologist			2	12.5%
Psychiatrist/psychiatric registrar			2	12.5%
Peer support worker/recovery coach			2	12.5%
Nurse			1	6.3%
Social worker			1	6.3%
Dentist			1	6.3%

	ED Lived Experience (L, n = 21)		HCPs (H, n = 16)	
	n	%	n	%
Duration Caring for People Experiencing EDs (years)				
0-1			3	18.8%
2-5			3	18.8%
6-10			6	37.5%
11-15			1	6.3%
16-20			2	12.5%
>20			1	6.3%
Number of people with EDs supported in last 12 months				
1-2			2	12.5%
3-5			2	12.5%
6-10			5	31.3%
11-20			4	25.0%
21-50			2	12.5%
50-100			0	0.0%
>100			1	6.3%
Frequency Exploring Religious/Spiritual Aspects with ED Patients				
Never			5	31.3%
Less than half the time			8	50.0%
About half the time			1	6.3%
More than half the time			1	6.3%
Always			1	6.3%

Abbreviations: ED – Eating disorder

**Participant-reported ED diagnosis that they (lived experience participants) or the person they are supporting (carer/close personal support participants) experienced. Please note that several participants reported multiple diagnoses. Also, lived experience participants who self-reported avoidant/restrictive food intake disorder described symptoms more suggestive of anorexia nervosa in interviews, so avoidant/restrictive food intake disorder participant numbers may be lower, and anorexia nervosa (or atypical anorexia nervosa) higher than indicated.*

***Participant-reported level of ED recovery of self (lived experience participants) or the person they are supporting (carer/ close personal support participants)*