

Psychometric evaluation of the German version of the Opening Minds Stigma Scale for Health Care Providers (OMS-HC)

Gianfranco Zuaboni*¹, Timon Elmer², Franziska Rabenschlag³, Kolja Heumann⁴, Susanne Jaeger⁵, Bernd Kozel⁶, Candelaria I. Mahlke⁷, Dominik Schori⁸, Anastasia Theodoridou⁹, Matthias Jaeger^{9,10}, and Nicolas Rüschi¹¹

Address: ¹Sanatorium Kilchberg, Psychiatric and Psychotherapy Hospital, Switzerland, ²University of Groningen Netherlands, ³Psychiatric University Clinics Basel, Switzerland, ⁴Department of Psychiatry and Psychotherapy, Medical University Brandenburg, Neuruppin, Germany, ⁵Department of Psychiatry and Psychotherapy I, Ulm University, ZfP Südwürttemberg, Germany, ⁶University Psychiatric Services Bern, Switzerland, ⁷Department of Psychiatry and Psychotherapy, University Medical Centre Hamburg-Eppendorf (UKE), Germany, ⁸Directorate of Nursing, Therapies and Social Work, University Hospital of Psychiatry Zurich, Switzerland, ⁹Department of Psychiatry, Psychotherapy & Psychosomatics, University Hospital of Psychiatry Zurich, Switzerland, ¹⁰Psychiatrie Baselland, Liestal, Switzerland, ¹¹Department of Psychiatry and Psychotherapy II, Ulm University and BKH Günzburg, Germany

Email: Gianfranco Zuaboni* - g.zuaboni@sanatorium-kilchberg.ch; Timon Elmer – t.elmer@rug.nl; Franziska Rabenschlag - franziska.rabenschlag@upk.ch; Kolja Heumann - kolja.heumann@mhb-fontane.de; Susanne Jaeger - susanne.jaeger@zfp-zentrum.de; Bernd Kozel - bernd.kozel@upd.ch; Candelaria I. Mahlke - c.mahlke@uke.de; Dominik Schori - mail@dschori.net; Anastasia Theodoridou - anastasia.theodoridou@pukzh.ch; Matthias Jaeger – matthias.jaeger@pbl.ch; Nicolas Rüschi - nicolas.ruesch@uni-ulm.de

*Correspondence:

g.zuaboni@sanatorium-kilchberg.ch

Sanatorium Kilchberg AG

Alte Landstrasse 70, 8802 Kilchberg, Switzerland

Opening Minds Scale for Health Care Providers (OMS-HC-15)*

These questions ask you to agree or disagree with a series of statements about mental illness. There is no correct answer. Please mark the box that best fits your opinion.

	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
1. I am more comfortable helping a person who has a physical illness than I am helping a person who has a mental illness.	☐	☐	☐	☐	☐
2. If a colleague with whom I work told me they had a mental illness, I would be just as willing to work with him/her.	☐	☐	☐	☐	☐
3. If I were under treatment for a mental illness I would not disclose this to any of my colleagues.	☐	☐	☐	☐	☐
4. I would see myself as weak if I had a mental illness and could not fix it myself.	☐	☐	☐	☐	☐
5. I would be reluctant to seek help if I had a mental illness.	☐	☐	☐	☐	☐
6. Employers should hire a person with a managed mental illness if he/she is the best person for the job.	☐	☐	☐	☐	☐
7. I would still go to a physician if I knew that the physician had been treated for a mental illness.	☐	☐	☐	☐	☐
8. If I had a mental illness, I would tell my friends.	☐	☐	☐	☐	☐
9. Despite my professional beliefs, I have negative reactions towards people who have mental illness.	☐	☐	☐	☐	☐
10. There is little I can do to help people with mental illness.	☐	☐	☐	☐	☐
11. More than half of people with mental illness don't try hard enough to get better.	☐	☐	☐	☐	☐
12. I would not want a person with a mental illness, even if it were appropriately managed, to work with children.	☐	☐	☐	☐	☐
13. Healthcare providers do not need to be advocates for people with mental illness.	☐	☐	☐	☐	☐
14. I would not mind if a person with a mental illness lived next door to me.	☐	☐	☐	☐	☐
15. I struggle to feel compassion for a person with mental illness.	☐	☐	☐	☐	☐

*Modgill G, Patten SB, Knaak S, Kassam A, Szeto AC. Opening minds stigma scale for healthcare providers (OMS-HC): Examination of psychometric properties and responsiveness. *BMC Psychiatry* 2014; 14(1):120. <http://www.biomedcentral.com/1471-244X/14/120>.

*Kassam A, Papish A, Modgill G, Patten S. The development and psychometric properties of a new scale to measure mental illness related stigma by health care providers: The opening minds scale for Health Care Providers (OMS-HC). *BMC Psychiatry* 2012; 12:62. DOI: 10.1186/1471-244X-12-62.