

Dyadic Relationship Scale (Caregiver)

This series of questions address some of the difficulties that people face as they care for a relative. I'd like to talk about how helping your [REL] has affected your relationship with her/him during the past month. [HAND CG CARD]. Please refer to this card for your responses. How much do agree or disagree with the following statements?

Because of helping my [REL]:	Strongly Agree	Agree	Disagree	Strongly Disagree
a. I felt closer to her/him than I have in awhile	0	1	2	3
b. I have learned some good things about my [REL]	0	1	2	3
c. I felt angry toward her/him	3	2	1	0
d. I felt depressed because of my relationship with her/him	3	2	1	0
e. I felt resentful toward her/him	3	2	1	0
f. I have had more patience than I have had in the past	0	1	2	3
g. I have learned some good things about myself	0	1	2	3
h. I felt that my relationship with her/him was strained	3	2	1	0
i. I have learned some nice things about other people in my life	0	1	2	3
j. Communication between my [REL] and me has improved	0	1	2	3
k. I felt that s/hhe made requests over and above what s/he needed	3	2	1	0

Dyadic Relationship Scale (Care Recipient)

I'd like to talk about how your memory problems have affected your relationship with your [CG] over the past month? [HAND RESP CARD]. Please refer to this card for your responses and again, we are talking about the past month. How much do you agree or disagree with the following statements?

[For Care Recipients who are unable to distinguish between the four response categories, use only the "Yes" and "No" response options and the reverse of RESP CARD which has the appropriate "Yes" "No" responses for the entire scale]

Because of helping my [REL]:	Strongly Agree	Agree	Disagree	Strongly Disagree
a. I felt closer to her/him than I have in awhile	0	1	2	3
b. I have learned some good things about myself	0	1	2	3
c. I felt angry toward [CG]	3	2	1	0
d. I felt depressed because of my relationship	3	2	1	0
e. I felt resentful toward my [CG]	3	2	1	0
f. I have had more patience than I have had in the past	0	1	2	3
g. I have learned some good things about my [CG]	0	1	2	3
h. I felt that my relationship with my [CG] was strained	3	2	1	0
i. I have learned some nice things about other people in my life	0	1	2	3
j. Communication between my [REL] and me has improved	0	1	2	3