

Frequency of Leisure Travel Questionnaire

1. How often do you engage in leisure travel?

- ☐ Never
- ☐ Once a year
- ☐ Twice a year
- ☐ Quarterly
- ☐ Monthly
- ☐ Several times in a month

2. On average, how long are your leisure trips?

- ☐ Day trips (less than 24 hours)
- ☐ Short trips (2-3 days)
- ☐ Medium trips (4-7 days)
- ☐ Long trips (more than a week)

3. Approximately how many nights have you spent on leisure travel in the past 12 months?

- ☐ None
- ☐ 1-5 nights
- ☐ 6-10 nights
- ☐ 11-20 nights
- ☐ 21-30 nights
- ☐ More than a month

4. Where do you typically go for leisure travel? (Select all that apply)

- ☐ Local destinations (within 100 miles)

- ☐ National destinations (within my country)
- ☐ International destinations

5. How do you primarily travel for leisure?

- ☐ Personal vehicle
- ☐ Domestic flights
- ☐ International flights
- ☐ Trains
- ☐ Buses
- ☐ Cruises
- ☐ Other (please specify)

6. What is the primary purpose of your leisure travel? (Select all that apply)

- ☐ Relaxation
- ☐ Exploring new places
- ☐ Visiting friends/family
- ☐ Cultural experiences (museums, art, music, etc.)
- ☐ Adventure activities (hiking, scuba diving, etc.)
- ☐ Religious or spiritual pilgrimages
- ☐ Health or wellness activities (spas, yoga retreats, etc.)
- ☐ Other (please specify)

7. How far in advance do you typically plan your leisure travel?

- ☐ Spontaneous decisions (less than a week in advance)
- ☐ Short-term planning (1-4 weeks in advance)
- ☐ Medium-term planning (1-3 months in advance)
- ☐ Long-term planning (more than 3 months in advance)

8. Who do you usually travel with for leisure purposes? (Select all that apply)

- ☐ Alone
- ☐ Spouse/Partner
- ☐ Children
- ☐ Friends
- ☐ Extended family
- ☐ Tour groups
- ☐ Other (please specify)

9. How much do you typically spend on leisure travel annually?

- ☐ $\leq$ 1000 RMB
- ☐ 1001-5000 RMB
- ☐ 5001-15,000 RMB
- ☐ 15,001-25,000 RMB
- ☐ 25,001-50,000 RMB
- ☐ $>$ 50,000 RMB

10. How does leisure travel impact your overall wellbeing?

- ☐ Negatively impacts my wellbeing
- ☐ No impact on my wellbeing
- ☐ Somewhat positively impacts my wellbeing
- ☐ Positively impacts my wellbeing
- ☐ Significantly positively impacts my wellbeing