

Food parameter	Use for dii	unavailable
Alcohol (g)		*
Vitamin B12 (mg)	*	
Vitamin B6 (mg)	*	
b-Carotene (mg)	*	
Caffeine (g)	*	
Carbohydrate (g)	*	
Cholesterol (mg)	*	
Energy (kcal)	*	
Eugenol (mg)		*
Total fat (g)	*	
Fibre (g)	*	
Folic acid (mg)	*	
Garlic (g)	*	
Ginger (g)		*
Fe (mg)	*	
Mg (mg)	*	
MUFA (g)	*	
Niacin (mg)	*	
n-3 Fatty acids (g)	*	
n-6 Fatty acids (g)	*	
Onion (g)	*	
Protein (g)	*	
PUFA (g)	*	
Riboflavin (mg)	*	
Saffron (g)		*
Saturated fat (g)	*	
Se (mg)	*	
Thiamin (mg)	*	
Trans fat (g)		*
Turmeric (mg)		*
Vitamin A (RE)	*	
Vitamin C (mg)	*	
Vitamin D (mg)	*	
Vitamin E (mg)	*	
Zn (mg)	*	
Green/black tea (g)		*
Flavan-3-ol (mg)		*
Flavones (mg)		*
Flavonols (mg)		*
Flavonones (mg)		*
Anthocyanidins (mg)		*
Isoflavones (mg)		*
Pepper (g)	*	

Thyme/oregano (mg		*
Rosemary (mg		*

Supplementary Table 1. List of the 30 Dietary Components Included in the E-DII Calculation and Identification of the Missing Components from the Original 45-Component Index