

STUDY No	HPAQ_job	HPAQ_mi n	HPAQ_1E E_Wk	HPAQ_1E E_Day	HANDGRIP		Avrg	4MG-1
					Position	Rt(0)/Lt(1)		
RT-001	1	30	105	15	2	0	23.33	4.31
RT-002								
RT-003								
RT-004	1	560	1890	270	3	0	30.33	5
RT-005	1	340	1160	165.71	3	0	20	5.72
RT-006	1	60	210	30	2	0	12.66	5.81
RT-007								
RT-008	1	90	315	45	3	0	18.66	5.28
RT-009								
RT-010	1	250	875	125	3	0	43.66	4.68
RT-011	1	500	1660	237.14	2	0	13.33	5.88
RT-012	1	80	250	35.71	3	0	29	4.53
RT-013	1	438	1537.5	219.64	2	0	22.33	4.69
RT-014	1	300	1050	150	3	0	29.66	4.19
RT-015	1	270	945	135	3	1	20.66	4.18
RT-016	1	450	1515	216.42	2	0	15.33	3.84
RT-017	1	457.5	1601.25	228.75	3	0	23.06	7.68
RT-018	1	10	35	5	2	0	9.33	7.41
RT-019	1	55	182.5	26.07	2	0	21	6.41
RT-020	1	390	1365	195	2	0	14.56	5.28
RT-021	1	220	770	110	3	0	10	4.56
RT-022	1	270	900	128.57	3	0	20.66	4.41
RT-023	1	140	506.5	72.35	3	0	25.33	4.75
RT-024	1	90	315	45	3	0	25	4.81
RT-025								
RT-026	1	100	350	50	3	1	31.33	3.66
RT-027	1	120	375	53.57	3	0	15.33	4.75
RT-028	1	70	245	35	2	0	14	4.1

RT-029	1	160	612.5	87.5	2	0	28.66	6.75
RT-030	1	45	157.5	22.5	3	0	14.66	4.72
RT-031								
RT-032	1	278.75	891.25	127.32	3	0	21.33	4.88

4MG-2	4MG-fastest	Aids (0 = none, 1 =	CES-D (a)	CES-D(b)	Fried	Nottingham Ext ADL	Edmonton Frail Score
4.35	4.31	0	0	0	1	17	4
4.88	4.88	1	1	1	0	14	4
999	5.72	0	1	2	3	13	8
5.28	5.28	0	0	0	3	20	4
4.63	4.63	0	0	0	0	15	5
4.56	4.56	0	0	0	0	14	4
4.87	4.87	0	0	0	1	19	5
4.03	4.03	0	1	2	3	16	7
4.78	4.69	0	0	0	0	22	4
3.65	3.65	0	0	0	1	16	2
4.28	4.18	0	0	0	1	12	5
3.66	3.66	0	0	0	2	18	7
6.63	6.63	0	1	1	2	14	7
6.81	6.81	1	0	0	3	17	9
5.75	5.75	0	1	0	2	19	7
7.28	5.28	0	0	0	2	13	5
4.53	4.53	0	0	1	1	21	3
4.37	4.37	0	1	2	2	19	4
4.54	4.54	0	0	0	1	18	4
4.91	4.81	0	3	3	3	18	7
3.94	3.66	0	0	0	1	21	3
4.72	4.72	0	0	0	1	15	
4.13	4.1	0	0	0	2	3	2

5.56	5.56	1	1	0	2	11	7
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4.37	4.37	0	0	0	2	12	7
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4.62	4.62	0	0	0	1	17	4
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HADS-Anxiety	HADS-Depression	BP rest	HR-b/l	HR-end	Dysp-b/l	Dysp-end	Fatigue-b/l	Fatigue-End
1	1	170/67	70	77	0	1	0	1
2	4							
4	3							
2	2							
4	2							
1	1							
2	2							
7	8							
7	0		72	89	0	2	0	0.5
0	4	137/83	77	89	0	1	0	2
0	5							
3	4							
3	8							
8	3							
1	1							
1	0							
3	2	134/80	72	86	0	3	0.5	3
3	7	148/67	86	104	1	4	0.5	4
0	0	130/58	60	84	0	0	0	1
7	7							
4	4	139/72	74	88	0	0.5	0	0.5
0	0							
3	3							

9

8

1

4



1

1

147/87

51

73

0

1

0

0

Distance	Stop/pause (Y=1,N=0)	Reason	Symtoms at end	Oxygen (Y=1, N=0)	Aids (Y=1, N=0)
333	0		0	0	0



327	0		0	0	0
350	0		0	0	0

325	0		0	0	0
330	0		0	0	0
288	0				



430	0		0	0	0
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372

0

0

0

0