

Additional File 2: Healthy Parent Carers Programme resource requirements and unit costs

Resource item	Quantity	Unit cost	Unit cost source
Intervention contact time:	12 modules x 2 hours per module x 6 sites = 144 hours		
Lead facilitators	1 Lead facilitator per module = 144 hours	£50 per hour	Council for Disabled Children (CDC) trainer rate
Assistant facilitators	1 Assistant facilitator per module = 144 hours	£14.71 per hour	Agenda for Change Band 5, Point 23
Intervention non-contact time:			
Lead facilitator preparation prior to module	12 modules x approximately 1 hour preparation x 6 sites = approx. 72 hours	£50 per hour	CDC trainer rate
Lead and Assistant facilitator pre- and de-brief	12 modules x approximately 30 minutes x 6 sites = approximately 36 hours	£50 per hour + £14.71 per hour	CDC trainer rate Agenda for Change Band 5, Point 23
Additional contact with supervisor (Lead and Assistant Facilitator)	7 contacts x approximately 1 hour = approximately 7 hours	£100 per hour + £50 per hour + £14.71 per hour	Intervention providers CDC trainer rate Agenda for Change Band 5, Point 23
Equipment and materials:	6 (i.e. per site)	£35	Intervention providers
Facilitator manual	8	£10	
Trolley	2	£15	
Speakers	2	£16	
Laptops	2	Facilitator owned	
Room/venue hire	1 site	5 venues - charities	Intervention providers
Refreshments	6 (sites)	£12	Intervention providers
Travel:			
Lead facilitators	6 (sites)	£245.70	Intervention providers
Assistant facilitators	6 (sites)	£147.60	

Supervision:			
Lead facilitators	2 facilitators x 6 hours = 12 hours	£100 per hour + £50 per hour	Intervention providers CDC trainer rate
Assistant facilitators	6 facilitators x 6 hours = 36 hours	£100 per hour + £14.71 per hour	Intervention providers Agenda for Change Band 5, Point 23
Training:			
<i>Staffing:</i>			
Supervisor training Lead facilitators	3 days (i.e. 7 hours per day)	£100 per hour	Intervention providers
Lead facilitator training	2 facilitators x 2 days = 28 hours	£50 per hour	CDC trainer rate
Lead facilitator refresher training	2 facilitators x 1 day = 14 hours	£50 per hour	CDC trainer rate
Lead facilitator providing Assistant facilitator training	2 facilitators x 5 days = 70 hours	£50 per hour	CDC trainer rate
Assistant facilitator training	6 facilitators x 2 days = 84 hours	£14.71 per hour	Agenda for Change Band 5, Point 23
Lead providing Assistant facilitator refresher training	2 facilitators x 1 day = 14 hours	£50 per hour	CDC trainer rate
Assistant facilitator refresher training	6 facilitators x 1 day = 42 hours	£14.71 per hour	Agenda for Change Band 5, Point 23
<i>Refreshments:</i>			
Lead facilitator training			Intervention providers
Assistant facilitator training			
Refresher training			
<i>Travel:</i>			
Lead facilitator training	1 supervisor + 2 facilitators	£50 per person	Intervention providers
Assistant facilitator training (incl. overnight stay for 3)	8 facilitators	£80 per person	
Refresher training	1 supervisor + 8 facilitators	£24 per person	
<i>Equipment and materials:</i>			Intervention providers
Training manual	3 (1 per trainer)	£10	