

Additional file 1: search string

(((((Physical activit*[Title/Abstract] OR physical-activit*[Title/Abstract] OR exercis*[Title/Abstract] OR sport*[Title/Abstract] OR fitness[Title/Abstract]))) AND (un-employ*[Title/Abstract] OR unemploy*[Title/Abstract] OR re-employ*[Title/Abstract] OR reemploy*[Title/Abstract]))) AND (rtc[Title/Abstract] OR randomised[Title/Abstract] OR controlled[Title/Abstract] OR trial[Title/Abstract] OR intervention*[Title/Abstract])).