

SUPPLEMENTARY FILE 7: DESCRIPTION OF THE RESULTS OF ADOLESCENTS' PROCESS EVALUATIONS PER SESSION AND PER GROUP

Table 1: Results of the adolescent process evaluation forms, group A (17-22 year olds)

	Session					
	1	2	3	4 (n=10)	5 (n=9)	6 (n=10)
I was able to express my opinion	Introductory session	Lack of time	Lack of time	+ 10 ± 0 - 0	+ 9 ± 0 - 0	+ 10 ± 0 - 0
Others listened to my opinion	Introductory session	Lack of time	Lack of time	+ 10 ± 0 - 0	+ 9 ± 0 - 0	+ 10 ± 0 - 0
I listened to the opinion of others	Introductory session	Lack of time	Lack of time	+ 10 ± 0 - 0	+ 9 ± 0 - 0	+ 10 ± 0 - 0
I have dared to say everything I wanted to say	Introductory session	Lack of time	Lack of time	+ 9 ± 1 - 0	+ 9 ± 0 - 0	+ 8 ± 2 - 0
I had a good feeling about the conversation	Introductory session	Lack of time	Lack of time	+ 10 ± 0 - 0	+ 9 ± 0 - 0	+ 10 ± 0 - 0
I have learned something	Introductory session	Lack of time	Lack of time	+ 9 ± 1 - 0	+ 9 ± 0 - 0	+ 10 ± 0 - 0
I understood everything that was said	Introductory session	Lack of time	Lack of time	+ 10 ± 0 - 0	+ 9 ± 0 - 0	+ 10 ± 0 - 0
I thought it was interesting	Introductory session	Lack of time	Lack of time	+ 10 ± 0 - 0	+ 9 ± 0 - 0	+ 10 ± 0 - 0
I understand the purpose of this class discussion	Introductory session	Lack of time	Lack of time	+ 10 ± 0 - 0	+ 9 ± 0 - 0	+ 10 ± 0 - 0

+ number of participants that were positive; ± number of participants that were neutral; - number of participants that were negative

Table 2: Results of the adolescent process evaluation forms, group B (14-15 year olds)

		Session				
	1	2 (n = 9)	3 (n=8)	4 (n=9)	5 (n=8)	6 (n=8)
I was able to express my opinion	Introductory session	+ 8 ± 1 - 0	+ 7 ± 1 - 0	+ 8 ± 1 - 0	+ 7 ± 1 - 0	+ 8 ± 0 - 0
Others listened to my opinion	Introductory session	+ 8 ± 1 - 0	+ 8 ± 0 - 0	+ 8 ± 1 - 0	+ 8 ± 0 - 0	+ 8 ± 0 - 0
I listened to the opinion of others	Introductory session	+ 9 ± 0 - 0	+ 7 ± 1 - 0	+ 8 ± 1 - 0	+ 6 ± 2 - 0	+ 8 ± 0 - 0
I have dared to say everything I wanted to say	Introductory session	+ 7 ± 2 - 0	+ 5 ± 3 - 0	+ 7 ± 1 - 1	+ 6 ± 2 - 0	+ 7 ± 0 - 1
I had a good feeling about the conversation	Introductory session	+ 8 ± 1 - 0	+ 5 ± 3 - 0	+ 7 ± 1 - 1	+ 6 ± 2 - 0	+ 8 ± 0 - 0
I have learned something	Introductory session	+ 7 ± 1 - 1	+ 7 ± 0 - 1	+ 8 ± 0 - 1	+ 7 ± 1 - 0	+ 8 ± 0 - 0
I understood everything that was said	Introductory session	+ 5 ± 4 - 0	+ 4 ± 4 - 0	+ 4 ± 3 - 2	+ 5 ± 3 - 0	+ 7 ± 1 - 0
I thought it was interesting	Introductory session	+ 9 ± 0 - 0	+ 7 ± 1 - 0	+ 6 ± 3 - 0	+ 7 ± 1 - 0	+ 8 ± 0 - 0
I understand the purpose of this class discussion	Introductory session	+ 7 ± 1 - 1	+ 7 ± 1 - 0	+ 6 ± 1 - 2	+ 6 ± 1 - 1	+ 8 ± 0 - 0

+ number of participants that were positive; ± number of participants that were neutral; - number of participants that were negative