

#### Additional file 1: The evaluation sheet used in quantitative test phase

| Evaluation sheet / Questions                                                                                      |
|-------------------------------------------------------------------------------------------------------------------|
| How long did it take you to complete the questionnaire?                                                           |
| If someone would have given you the link to this online- questionnaire, would you have participated in the study? |
| Would you have finished the questionnaire completely?                                                             |
| Would you have preferred to select just one constraint per item instead of three?                                 |
| Other comments, criticism and suggestions for improvement:                                                        |