

Recommendations in the guidelines	Are the consequences of not applying the recommendation serious?	Are there many of your colleagues who do not use the recommendation?	Is the recommendation possible to apply in practice?	Is it important to implement the recommendation in practice?	Total score
Assessment					
Screening of psychosocial risk factors					
Do not offer routine imaging					
Treatment					
Supervised training in addition to usual treatment					
Manual joint mobilisation in addition to usual treatment					
Do not offer routine acupuncture					
Do not offer routine pain medication (paracetamol, NSAIDs, opioids)					
Information and guidance					
Advise to stay physically active					
Advise to stay or return to work as soon as possible					
Offer patient education and reassuring information about the benign nature and prognosis of LBP					

Scoring: 1: no, 2: probably not, 3: do not know, 4: probably yes, 5: yes.