

CAREGIVER PRE-IMPLEMENTATION INTERVIEW

Interviewer: *Hi, my name is _____ and I am _____ with the SPARC Study. Thank you for agreeing to participate in this interview. As you may know, we are interested in learning how your child's doctor can best introduce topics around substance use during well-child visits. Your insights will be very helpful to us as we design a strategy to implement this type of prevention in pediatric primary care.*

As described in the consent form, this interview is voluntary and confidential, and the information will not be shared outside of the research team. You are free to decline to participate at any point during this study. The interview will take about 45-60 minutes to complete. It will be audiotaped and stored on a secure drive. The saved information will not include a video recording. At the end of this interview, a \$50 gift card will be offered in appreciation of your time.

[Start recording]

Before we begin, do you have any questions for me about this project in general?

A. GRAND TOUR/WARM UP

Interviewer: *We have invited you to participate in this study because you have a child between the ages of 9 and 12 who recently received care at a pediatric office in a federally qualified health center. We are interested in hearing about your experiences bringing your 9–12-year-old child to their doctor's visits.*

1. **Thinking back to the last time you brought your child to the clinic/office for a physical exam, what were some of the things that your child's clinician talked about for your child's health during that last physical exam visit?**
2. **What, if any, education, or advice did you and your child receive around growing up into a teenager?** NOTE: [If it does not come up naturally, add: Some topics that might have been discussed include puberty, getting enough sleep, following rules, etc.]

PARENTING EXPERIENCES and SUBSTANCE USE PREVENTION

3. **Another topic that is sometimes discussed as children grow into teenagers is making healthy choices around drugs and alcohol. How has your child's doctor talked to you and your child about drug or alcohol use or drug use prevention?**
 - a. What were your thoughts about this counseling? Did it seem helpful? Why or why not?
 - b. Was there anything you would have changed about the information or counseling?
4. **What are some things you think parents can do or say to help prevent their children from trying drugs or alcohol or engaging in other risky behaviors?**
5. **How do you think your child's pediatrician could help you with this?**
 - a. How would you prefer to receive this education (e.g., via conversations with your pediatrician, educational pamphlets, online resources etc.)

C. PERCEPTIONS OF UNIVERSAL PARENTING PROGRAM FOR PREVENTION

Interviewer: *One of the ways that caregivers can learn how to support their teen in making healthy choices around drugs and alcohol is by participating in effective family education programs. One program that research has shown to be effective is Guiding Good Choices.®*

By participating in this free program, parents and caregivers learn effective skills to support their child and prevent risky behavior. Specifically, caregivers learn how to set and communicate clear expectations about risky behaviors, manage family conflict, teach their children how to avoid trouble, and strengthen family bonds.

Guiding Good Choices is a group-based program that happens in five, two-hour sessions. The sessions are usually held once per week, and children join their parents in session number four. One of the ways that a person could access this program is by receiving a referral from their child's pediatrician during their child's annual physical.

6. **What are your first thoughts about this type of program?**
7. **Now that you've heard more about the program, do you think caregivers like yourself would be interested in this type of program?**
 - a. What parts of it sound interesting?
 - b. What parts of it sound challenging?
 - c. What else would you want to know from your provider about the program before deciding if you want to participate?

8. What parts of it do you think would be hard for caregivers to do?

- a. Are there any family-related factors that might make it hard (other children's caretaking needs, family stigma etc.)
- b. What about things related to the program format? It lasts 5-6 sessions, can be in person or virtual, in English/Spanish?

9. What would help you attend a program like this?

- a. Probe on SDOH [e.g., cost, childcare, housing stability, transportation, virtual options, language options, days/times that work best]
 - a. If it were in person- where would it ideally be located
 - b. If it were online, would you rather it be a live class with other parents on zoom or would you rather it be a self-paced online class.
- a. Who would you prefer to lead the program? Would you prefer them to have certain qualifications or characteristics?

10. If your pediatrician were to talk to you about this program, what are some things they should say or not say when describing the program?

Do you have any other thoughts you would like to share with us today?

Interviewer: *Thank you so much for taking the time to share your experiences. We truly appreciate your time in participating in today's interview.*