

Table 2: Search Strategy

Database	Search terms	Final result
MEDLINE via PubMed	(((("health app"[Title] OR "health application"[Title] OR "mobile app"[Title] OR m-health[Title] OR "m-health app"[Title] OR "m-health application"[Title] OR mHealth[Title] OR "mHealth app"[Title] OR "mHealth application"[Title] OR "mobile health app"[Title] OR "mobile health application"[Title] OR "mobile medical app"[Title] OR "mobile medical application"[Title] OR "medical smartphone app"[Title] OR "health smartphone app"[Title] OR "mobile health"[Title] OR "digital health"[Title] OR "digital health app"[Title] OR "digital health application"[Title])) AND English[Language]) AND full text[sb]) AND (((evaluat*[Title] OR assess*[Title] OR intervention[Title] OR feasib*[Title] OR usability[Title] OR valid*[Title] OR reliab*[Title] OR effective*[Title] OR quality[Title] OR cost-effective*[Title] OR efficacy[Title] OR apprais*[Title])) AND English[Language]) AND full text[sb]) January 1, 2017 - January 1, 2023 [Date] restriction applied	2012
Embase	health app or health application or mobile app or m-health or m-health app or m-health application or mHealth or mHealth app or mHealth application or mobile health app or mobile health application or mobile medical app or mobile medical application or medical smartphone app or health smartphone app or mobile health or digital health or digital health app or digital health application).ti AND (evaluat* or assess* or intervention* or feasib* or usability or valid* or reliab or effective* or quality or cost-effective* or efficacy* or apprais*).ti English[Language] restriction applied January 1, 2017 - January 1, 2023 [Date] restriction applied	2273