

Additional File 4: Questionnaire Utilized to Conduct the Household Survey, Ethiopia

Description

This file contains the household questionnaire used for the dietary analysis in Ethiopia, presented as Appendix S1. The questionnaire, titled "Food System's Approach for Sustainable and Healthy Diet Policy in Ethiopia: Household Questionnaire," includes modules on household identification, socio-demographic characteristics, individual factors, food supply chains, consumer behaviour, social welfare, and access to basic services. It also includes Diet Quality Questionnaires (DQQ) for women and adolescent girls, as well as Food Frequency Questionnaires (FFQ) for caregivers/women and children aged 6-59 months.

Appendix S1: Food System's Approach for Sustainable and Healthy Diet Policy in Ethiopia: Household Questionnaire

1. Module One: Household Identification and socio-demographic characteristics

1.1. Geographical location

1			2			3			4			5			6			7		
Region			Zone			Woreda			Town (For rural code 8)			Sub-city (For rural code 88)			Kebele/FA			EA		
Code		Code		Code		Code		Code		Code		Code		Code		Code		Code		
8			9			10			11			12								
Household ID			Household Size						Household Head Name			Village name where the HH lives								

13	Household Address GPS Reading									
			Degree		Minute		Second			
			N							
			E							
14	Accuracy		Meter							
15	Altitude		Meter							
16	Supervisor Name									
17	Enumerator Name									

Code A	Relationship to the HHH
0	Household head
1	Spouse/ Live as a spouse
2	Son/Daughter
3	Grandchild
4	Father/Mother
5	Sister/Brother
6	Niece/Nephew
7	Uncle/Aunt
8	Son/Daughter-in-law
9	Father/Mother-in-law
10	Sister/Sister-in-law
11	Grandparents
12	Other
13	Relatives
14	Servant
15	Non-relatives

Code C	Type of disability
1	Both eye blind
2	Single eye blind
3	Total deafness
4	Partial deafness (one ear not hearing)
5	Unable to speak
6	Unable to hear/speak
7	Blindness and to hear
8	Hand or leg lost/crippled
9	Hand or leg paralyzed
10	Leprosy
11	Mental illness/madness
12	Mental retardation
13	Epilepsy
14	Other type of disability

Code D	Marital Status
1	Never married
2	Married
3	Divorced
4	Separated
5	Widowed
6	Living together

Code B	Religion
1	Orthodox
2	Catholic
3	Protestant
4	Islam
5	Waqi-Feta
6	Traditional
7	No religion/ Atheist

Code E	Education – highest grade completed
0	Pre-School: Kindergarten, 0 grade, nursery
1	1 st Grade Completed
2	2 nd Grade Completed
3	3 rd Grade Completed
4	4 th Grade Completed
5	5 th Grade Completed
6	6 th Grade Completed
7	7 th Grade Completed
8	8 th Grade Completed
9	9 th Grade Completed
10	10 th Grade Completed
11	11 th Grade Completed
12	12 Grade Completed
13	Professional Certification
14	1 st year college
15	2 nd year college
16	3 rd year college
17	TVET Level 1
18	TVET Level 2
19	TVET Level 3
20	TVET Level 4

Code E	Education – highest grade completed
21	TVET Level 5
22	Diploma
23	Bachelor's Degree Program
24	Master's Degree Program (M.A, MPhil, etc.)
25	Doctor of Medicine (MD)
26	Juris Doctor (J.D)
27	Doctor of Philosophy (PhD)
28	Other: Informal education (can read and write but has never been in a regular school)
29	Other: Adult literacy program
30	Other: Satellite
31	Other: Non-regular (can read and write by attending a religious institute such as Kes or Kuran but never attended regular school)
32	Other: Not educated
98	Don't know

1.2. Household characteristics and Socio-demographic status

1	2	3	4	5	6	7	8	9	10	11
MEMBER'S ID	FOR 5 OR OVER YEARS AGED									
	List of HH member	Relation to the HH	Sex	Date of birth (DD/MM/YY)	Age	Disability status	Marital Status	HH members' Educational Status		

	Please give me the names of persons who usually live in your HH and have common cooking arrangements & common HH. [TO HAVE A COMPLETE LISTING PROBE AND ASK TO VERIFY PERSONS SUCH AS INFANTS, OLD AGE, NON- RELATIVES, etc.]	What is the relationship of (NAME)? to the head of the household? [Code A]	What is the sex of (NAME)? 1= Male 2= Female	When was the date of your birth?	How old is (NAME)? [If age less than 1 year, Record 0 and If 100 or over record 99]	Does [NAME] has any disability problem? 1= Yes 2= No (If No Skip to 9)	What type of Disability does [Name] has? [See Disability Code C]	What is [NAME]'s current marital status? [Code D]	Can [NAME] read and write? 1= Yes 2= No (Skip to module 2 if 10=No)	What is the highest school/grade [NAME] has completed? [Code E]
1										
2										
3										
4										
5										
6										
7										
8										
9										
10										
11										
12										

2.1. Economic

The following questions apply only for household member **aged 15 and above**

12. Would you please point out the most accurate average monthly income category of the household?

11= 75,001-100,000

12=100,000+

Code F	Reasons for not working
1	Unemployed
2	Student/Training course
3	Home maker
4	Retired
5	Depend on remittance
6	Old age
7	Disability
08	Sick
99	Other specify

Code G	Sector/industry
1	Agriculture, Hunting and Forestry
2	Mining and Quarrying
3	Manufacturing
4	Electricity, Gas, Steam and Air Conditioning Supply
5	Water supply; Sewerage, Waste Management and Remediation Activities
6	Construction
7	Wholesale and Retail trade; Repair of Motor Vehicles and Motorcycles
8	Transportation and Storage
9	Hotel and Restaurants
10	Information and Communication
11	Financial and Insurance Activities
12	Real Estate Activities
13	Professional, Scientific and Technical Activities
14	Administrative and Support Service Activities
15	Public Administration and Defense; Compulsory Social Security
16	Education
17	Human Health and Social Work Activities
18	Arts, Entertainment and Recreation
19	Other community, Social and Personal Service Activities
20	Private Households with Employed Persons
21	NGOs
99	Other specify

Code H	Types of Employers
01	Employer (working employer)
02	Self Employed – Formal sector
03	Self Employed – Informal sector
04	Employed – in private enterprise – Formal sector
05	Employed – in private enterprise – Informal sector
06	Employed – in public Sector
07	Employed – in Local NGO
08	Employed – in International NGO
09	Employed – in Religious Institution
10	Employed – in cooperative/unions
11	Unpaid family work Unpaid (Economic enterprise)
99	Other specify

2.2. Situational

2.2.1. Wealth and Assets

Please tell us the quantity and value of assets currently owned (not borrowed or rented)

If the item is jointly owned, record the share of the quantity owned by household.

		Unit	Quantity owned	If shared, your estimated percentage share?	If you sell all of your share, how much would you get? (Birr)
	Electronic appliances and jewelry				
1	Radio	Count			
2	Tape recorder	Count			
3	Television	Count			
4	Refrigerator	Count			
5	Telephone (Fixed landline)	Count			
6	Mobile phone	Count			
	Energy, furniture and transportation				
7	Improved charcoal or wood stove (Lakech or mirt)	Count			
8	Kerosene stove	Count			
9	Biomass or biogas stove (e.g., dung burning)	Count			
10	Bicycle	Count			
11	Motorbike	Count			
12	Clay oven	Count			
13	Metal oven	Count			
14	Pot	Count			
15	Knife	Count			
16	Mortal and pestle	Count			
17	Hand miller	Count			
18	Chopping board	Count			
19	Bucket	Count			
20	Plate	Count			
21	Cup	Count			
22	Spoon	Count			
23	Fork	Count			
24	Ladle	Count			
25	Electric food processor	Count			
26	Electric bakery	Count			
27	Pressure cooker	Count			
	Livestock				
28	Oxen	Count			
29	Cows	Count			
30	Heifer	Count			

31	Bulls	Count			
32	Young bull or young Heifer	Count			
33	Calf	Count			
34	Sheep	Count			
35	Goats	Count			
36	Donkey	Count			
37	Mules	Count			
38	Horses	Count			
39	Camels	Count			
40	Chicken	Count			
41	Beehive	Queens			
	Productive assets				
42	Plough set	Count			
43	Plow (Maresha)	Count			
44	Sickle —Imported (Albin)	Count			
45	Sickle —Local	Count			
46	Pick axe/spade/shovel—(doma)	Count			
47	Axe	Count			
48	Saw	Count			
49	Hoe	Count			
50	Beehive (Traditional)	Count			
51	Beehive (Modern)	Count			
52	Triddle pump	Count			
53	Drip irrigation	Count			
54	Animal-drawn cart (Gari), wheelbarrow, or donkey cart	Count			
55	Barrel carrying device	Count			
56	Flour mill	Count			
57	Knapsack chemical sprayer	Count			

2.3. Aspirations and Preferences

1.	Do you think that you often eat food items that you like/aspire the most?	1. Yes → ask 2 and skip to 6 2. No → Skip to 3
2.	Please mention the three food items that you aspire and usually have in your dishes?	1. 2. 3.
3.	What is the main reason that you are unable to eat food item/s that you like/aspire the most?	1. Lack of money 2. Health problem 3. The food item/s are not available 4. High price 99. Other (specify)
4.	If you don't have any monetary constraints to get food item/s or you don't have any health problem/s that prevent you from eating food item/s you like the most, and the foods you like/aspire the most are available in your proximity, please mention three food items that you aspire to have in your dishes daily ? _____	1. 2. 3.
5.	If you don't have any monetary constraints to get food item/s or you don't have any health problem/s that prevent you from eating food item/s you like the most, and the foods you like/aspire the most are available in your proximity, please mention three food items that you aspire to have in your dishes usually ? _____	1. 2. 3.

6. Risk preferences Please tell me, in general, how willing are you to take risks (for example, agricultural risks such as trying new seeds that has a higher yield but are less drought resistant, new food items not popular in your community), using a scale from 0 to 10, where 0 means you are “completely unwilling to take risks” and 10 means you are “very willing to take risks.” You can also use any number between 0 and 10 to indicate where you fall on the scale, using 0, 1, 2, 3, 4, 5, 6, 7, 8, 9, or 10. Suppose you are sick. You have the choice between two options Option A: You can get some medicine that will reduce the pain but will not cure you. Option B: You can get surgery that will cure you; however, there is a small risk of death. Which option would you choose?	
7. Time preferences In comparison to others, how willing are you to give up something that is beneficial for you today in order to benefit more from that in the future? Please use a scale from 0 to 10, where a 0 means you are “completely unwilling to give up something today” and a 10 means you are “very willing to give up something today”. You can also use any number between 0 and 10 to indicate where you fall on the scale, using 0, 1, 2, 3, 4, 5, 6, 7, 8, 9, or 10. Suppose you are sick due to deficiency of vitamins. The illness is not life-long, but it will last for a couple months. You have the choice between two options. Option A: You can get some manufactured supplementary vitamins today, which will make you feel somewhat better. Option B: You eat foods rich in the required vitamins that will make you feel entirely good but takes relatively long time to heal. Which option do you choose?	

3.1. Production systems and input supply

3.1. Production systems and input supply

1	Do you have any agricultural land (including any land used for urban agriculture) with holding rights?	1=Yes 2=No → skip to Module Four
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ENUMERATOR: LIST ALL PARCELS

ENUMERATOR: LIST ALL PARCELS

[illegible]

[illegible]

13	13a	13b	13c	13d	14	14a	14b	14c	14d
Do you use any NPS on [FIELD] in this agricultural season? 1=Yes 2=No ► Q14	What is the quantity of NPS used on [FIELD] in this agricultural season?	Did you purchase any of the NPS used on [FIELD]? (Cash or credit purchases) 1=Yes 2=No ► Q14)	How much of the NPS was purchased on cash or purchased on credit during this agricultural season? RECORD TOTAL QUANTITY IN KG, REGARDLESS OF SOURCE.	What was the value of all of the NPS that you purchased on cash or purchased on credit during this agricultural season?	Do you use any blended chemical fertilizers on [FIELD] in this agricultural season? 1=Yes 2=No ► Q15	What is the quantity of blended chemical fertilizers used on [FIELD] in this agricultural season?	Did you purchase any of the blended chemical fertilizers used on [FIELD]? (Cash or credit purchases)	How much of the blended chemical fertilizers was purchased on cash or purchased on credit during this agricultural season? RECORD TOTAL QUANTITY IN KG, REGARDLESS OF SOURCE.	What was the value of all of the blended chemical fertilizers that you purchased on cash or purchased on credit during this agricultural season?
	QUANTITY IN KG		QUANTITY IN KG	BIRR		QUANTITY IN KG		QUANTITY IN KG	BIRR
15	16		17		18		19		

Do you use any manure on [FIELD] in this agricultural season?	Do you use any compost on [FIELD] in this agricultural season?	Do you use any other organic fertilizer on [FIELD]?	For the current season, has any household member worked on this [FIELD] for activities such as land preparation, planting, ridging, weeding and fertilizing?	For the current season, how many days did your household hire labor for activities such as land preparation, planting, ridging, weeding and fertilizing, on this [FIELD]?
1=Yes 2=No	1=Yes 2=No	1=Yes 2=No	1=Yes 2=No	1=Yes 2=No

20	21	22	23	24
For the current season, has any member of your household worked on any soil conservation measures on the land?	What type of conservation measures have member of your household used?	What is the degree of susceptibility of this PARCEL to soil erosion?	For the current season, has any member of your household made any long-term investments (e.g., terracing, tree planting, and gully rehabilitation) on this [FIELD]?	What type of long-term investments measures have member of your household used?
1=Yes 2=No → Skip to 22	1=Indigenous stone bunds (terracing) 2=Indigenous soil bunds 3=Introduced stone bunds (terracing) 4=Introduced soil bunds 5=Contour ploughing 6=Strip cropping 7=Alley cropping (Sesbania) 8=Soil bunds (Planted with Sesbania) 9=Indigenous soil and stone bund 10=Introduced soil and stone bund 99=Other specify	1=None 2=Low 3=Moderate 4=High	1=Yes 2=No → Crop harvest section	1=Irrigation well 2=Irrigation canal 3=Private Pond 4=Leveled 5=Sleared of stones 6=Stone terrace 7=Soil bund 8=Check dam 9=Drainage ditch 10=Ranches 11=Trees planted 12=Grass strips 13=Live fence or barrier 14=Constructed fence 15=Water harvesting 99=Other specify

[illegible]

[illegible][illegible]

8	9	10		11		12					13		14	
Do you have any of the harvested [CROP] in storage now? 1=Yes 2=No→NEXT CROP	What is your main method of storage for this crop? READ RESPONSES 1=Unprotected pike 2=Heaped in house 3=Bags in house 4=Metallic silo 5=Other silos (modern or traditional) 6=Pit 7=Rented storage 99=Other (Specify)	How much of the harvested [CROP] during the [CURRENT AGRICULTURE SEASON] is being stored by your household? Do you use any compost on [FIELD] in this agricultural season? SEE UNIT CODES ABOVE	What did you do to protect the stored [CROP]? READ RESPONSES . LIST UP TO 2. 1=Spraying 2=Smoking 3=Hired guard 4=Did nothing 5=Elevation 99=Other (specify)	OF the total quantity of harvested crop currently in your storage (of the total quantity reported in Q4) What proportion will you use for.....					How much of the harvested [CROP] during the [CURRENT AGRICULTURE SEASON] was lost due to rotting, insects, rodents, theft, etc. in the post-harvest period? (If no damage record "0" and go to Q23) INCLUDE THE QUANTITY OF CROP USED AS ANIMAL FEED DUE TO PEST DAMAGE. SEE UNIT CODES ABOVE		What was the reason for loss? READ RESPONSES. LIST UP TO 2. 1=Rotting 2=Insects 3=Rodents/Pests 4=Flood 5=Theft 99=Other (Specify)			
				Sales	Household consumption	reimbursements for Land, labour, or reimbursements for inputs	Other Use (SEED, GIFT, ANIMAL FEED ETC)	Total	QTY.	UNIT CODE	1ST	2ND		
		QTY .	UNIT CODE	1ST	2ND	%	%	%	%	%				

3.3. Livestock By-product Utilization During the Last 12 Months

	1	2
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	In the last 12 months, did you produce any [BY-PRODUCT] from your livestock? 1=Yes 2=No → next by product IF NONE (►NEXT SECTION)	What proportion of livestock and livestock products have you used for ...				
		Household consumption	Sale	Wage In-kind	Other	Total
		%	%	%	%	%
LIVESTOCK BY PRODUCT	CODE					
Butter	1					
Cheese	2					
Meat	3					
Beef	4					
Mutton/Goat	5					
Camel Meat	6					
Eggs	7					
Honey	8					
Wax	9					
Wool (Sheep Hair)	10					
Skin	11					
Hides	12					
Arera	13					
Aguat	14					
Others	15					

3.4. Processing and packaging

Which of the following options describes best your situation?

1	Handling	1= Poor handling of produce 2= Absence of produce sorting (not sorting damaged and good produce) 3=Use of outdated or traditional technology in postharvest handling 4= Poor timing of harvesting 5=None 98=Do not know 99=Other specify
2	Packaging	1= Inadequate packaging in storage and transport (e.g., use of packaging not suitable for long term storage or long-distance transportation) 2=Low technology packaging (e.g., use of traditional packaging material that may cause damage to product during handling, storage and transportation) 3= Inappropriate use of packaging (e.g., overfilling of product packages and wrong stacking of packages causing bruises, dents, punctures in produce; mixing of products) 4=None 98=Do not know 99= Other specify

3.5. Retail and marketing

1	Where do you usually sell your produce (crops, livestock and livestock products)?	1=Local market in my village 2=District crop or livestock market 3=Regional crop or livestock market 4= Directly export to international market 5=None 99= Other specify
Which of the following options describes best your situation?		
2	Market information/product pricing	1= Lack of information on prevailing product price 2= Peak season – low pricing (overflowing of local markets of product abundance during peak season causes surpluses in the market and prices to plummet, creating losses) 3= No price premium on quality (local market does not pay rewards on quality) 4= High dependence on middlemen about the price of the produce 5= Absence of (well-functioning) marketing system that leads to a wide variation in prices 6=None 98=Do not know 99=Other specify

3	Infrastructure and connectivity	1=Absence of quality roads, particularly in rainy seasons 2=Underdevelopment and unreliability of energy sources (electricity) 3= Underdevelopment of banking and finance system 4=Lack of irrigation schemes and water supplies 5=Lack of product and input markets 6=None 98=Do not know 99= Other specify
4	Chain length	1=Large number of middlemen leading to long supply chains 2=Dominant role of middlemen - creating dependence of producers, low pricing and cutting of producers from the supply chain 3=Small price margins due to long chain 4=None 98=Do not know 99=Other specify
5	Crop protection	1=Absence of pre-harvest disease management 2=Absence of post-harvest disease management 3=Moulds, bacteria, pests and weather 4=None 98=Do not know 99=Other specify

4. Module Four: Food Environment

4.1. Food availability and affordability

Food ID	COMODITY TYPE	Is enough [item] available at a reasonable distance from your location (60 minutes)? 1=Yes 2=No	Food consumption in the last 7 days					How much of [item] is consumed by the household in the last 24 hours? UNIT CODE
			QTY from:			Unit	Total expenditure (value)	
			Own production	Gift	Purchase			
	1 CEREALS							
101	Teff							
102	Barley (Incl. Beso: roasted & milled barely)							
103	Wheat (Incl. Flour factory product)							
104	Maize							
105	Sorghum							
106	Millet							
107	Rice							
108	Oats							
109	Other cereal (Specify)							

	2 PULSES & NUTS							
201	Horsebeans							
202	Chickpea							
203	Field Pea							
204	Lentils							
205	Haricot Beans							
206	Ground nuts							
207	Vetch							
208	Fenugreek							
209	mung bean							
210	Processed pulses (Shiro)							
211	Other pulse or nut (Specify)							

Food ID	COMODITY TYPE	Is sufficient quantity of [item] available at a reasonable distance from your location? 1=Yes 2=No	Food consumption in the last 7 days					How much of [item] is consumed by the household in the last 24 hours? UNIT CODE
			QTY from:			Unit	Total expenditure (value)	
			Own production	Gift	Purchase			
	3 OIL SEEDS (UNPROCESSED)							
301	Niger Seed							
302	Linseed							
303	SESAME							
304	Sunflower							
305	Other seed (Specify)							
	4 VEGETABLES							
401	Onion							
402	Green chili pepper (kariya)							
403	Red pepper (Processed pepper (Berbere))							
404	kale, cabbage, Pumpkin Leaf, Lettuce, spinach							
405	Tomato							
406	Garlic							

407	Moringa/Shiferaw/Halloka							
408	Other vegetable (Specify)							
5	FRUITS							
501	Banana							
502	Orange							
503	Mango							
504	Papaya							
505	Avocado							
506	Other fruit (Specify)							
6	TUBERS & STEMS							
601	Potato							
602	Kocho							
603	Bula							
604	Sweet potato							
605	Boye/Yam							
606	Cassava							
607	Godere							
608	Carrot							
609	Beetroot							
610	Another tuber or stem (Specify)							
7	MEAT, POULTRY, Dairy, FISH & Other Condiments							
701	Goat & mutton meat							
702	Beef							
703	Poultry							
704	Fish							
705	Milk							
706	Cheese							
707	Butter/ghee							
708	Oils (processed)							
709	Eggs							

710	Sugar							
11	Honey, natural							
712	Salt							
713	Other condiments							
8	BEVERAGES & STIMULANTS							
801	Coffee							
802	Tea							
803	Soft drinks/Soda							
804	Beer							
805	Tella							
806	Chat/Kat							
807	Hops (gesho)							
9	Other Prepared food							
901	Purchased Injera							
902	Purchased bread/biscuit							
903	Pasta/Maccaroni							
904	Other purchased prepared food							

CONSUMPTION UNITS			
UNIT SIZE		UNIT CODE	
Kilogram		1	
Gram		2	
Litres		4	
Centilitres		5	
Jog		8	
Melekiya		9	
Birchiko Small		31	
Birchiko Medium		32	
Birchiko Large		33	
Esir Small		61	
Esir Medium		62	
Esir Large		63	
Festal Small		71	
Festal Medium		72	
Festal Large		73	
Kerchat/Kemba Small		91	
Kerchat/Kemba Medium		92	
Kerchat/Kemba Large		93	
Kubaya/Cup Small		101	
Kubaya/Cup Medium		102	
Kubaya/Cup Large		103	
Kunna/Mishe/Kefer/Enkib Small		111	
Kunna/Mishe/Kefer/Enkib Medium		112	
Kunna/Mishe/Kefer/Enkib Large		113	
Medeb Small		131	
Medeb Medium		132	
Medeb Large		133	
Piece/number Small		141	
Piece/number Medium		142	
Piece/number Large		143	
Sahin Small		151	
Sahin Medium		152	
Sahin Large		153	
Sini Small		171	
Sini Large		172	
Tasa/Tanika/Shember/Selemon Small		181	
Tasa/Tanika/Shember/Selemon Medium		182	
Tasa/Tanika/Shember/Selemon Large		183	
Zorba/Akara Small		191	
Zorba/Akara Medium		192	
Zorba/Akara Large		193	
Other (Specify)		900	

4.2. Food messaging

Have you ever heard the following food messages from extension workers, in radio or Television?

FBDG Key Messages		
1	Diversify your diet by selecting from at least 4 food groups in every meal and 6 food groups every day. በእያንዳንዱ የምግብ ገበታዎ ላይ ቢያንስ አራቱን የምግብ መደቦች እንዲሁም በቀን ከሚመገቡት ምግቦች የምግብ ዝርዝር ውስጥ ከስድስቱን የምግብ መደቦች ይመገቡ።	1=Yes 2=No 98=Do not know
2	Every day eat 80–120 grams of legumes such as beans, chickpeas, peas or lentils. This means; 1 medium scoop of 1 medium ladle shiro/lentils/Pea split/ stew or 3 average adult handful of roasted beans/Chickpeas/peas daily በየቀኑ ከ 80-120 ግራም የጥራጥሬ ዘሮችን ማለትም ባቄላ፣ ሽምብራ፣ አተር ፣ምስረን ይመገቡ። ይህ ማለት 1 መካከለኛ ጭልፋ ሽሮ/ምስረ/አተር ክክ ወጥ ወይም 3 እፍኝ የባቄላ/ሽምብራ/አተር ቆሎ በቀን ውስጥ ይመገቡ።	1=Yes 2=No 98=Do not know
3	Eat 100–200 grams of various fruits and vegetables of different colours every day, such as bananas, papayas, kale, carrots and tomatoes. This means; 1 medium-sized banana or 1 medium-sized spoon of salad/ 1 medium-sized scoop of cooked Kaleጥረ 1 glass of homemade mixed fruit juice daily	1=Yes 2=No 98=Do not know

	በየቀኑ ከ 100-200 ግራም የተለያዩ ቀለማት ያሏቸውን ፍራፍሬዎች እንደ ሙዝ፣ ፓፓያ፣ የአበሻ ጎመን፣ ካሮት እና ቲማቲም ይመገቡ። ይህ ማለት፦ 1 መካከለኛ ሙዝ ወይም 1 መካከለኛ ጫፈፋ የበሰለ አትክልት/ጎመን/ሳሊድ/ ወይም 1 ብርጫቆ የፍረፍሬ ጫማቂ በቀን ውስጥ ይመገቡ።	
4	Diversify your diet with 10–20 grams of nuts and oil seeds such as groundnuts, and sunflower or sesame seeds. This means; 1 tablespoon of Sunflower juice mixed with pieces of injera or 1 average person’s handful of groundnuts daily ከ 10 -20 ግራም ለውዝና የቅባት እህሎች ማለትም ሱፍ፣ ለውዝና ሰሊጥን ይመገቡ። ይህ ማለት፦ 1 የሻርገ ማንኪያ የሱፍ/የተልባ ፍትፍት ወይም 1 እፍኝ ለውዝ በቀን ውስጥ ይመገቡ።	1=Yes 2=No 98=Do not know
5	Add animal-source foods such as eggs and meat (60 grams) and dairy foods (300–400 grams) to your meals every day. This means; 1 medium-sized ladle of meat stew or 2 glasses of milk or 1 cup of yogurt daily የእንስሳት ተዋጽዖ ምርቶችን ለምሳሌ እንቁላልና ስጋ 60 ግራም እንዲሁም የወተት ተዋጽዖዎችን ከ300-400 ግራም በየቀኑ ምግብዎ ላይ ይጨምሩ። ይህ ማለት፦ 1 መካከለኛ ጫፈፋ የስጋ ወጥ ወይም 2 ስኒ ወተት ወይም 1 ብርጫቆ እርጎ በቀን ውስጥ ይመገቡ።	1=Yes 2=No 98=Do not know
6	Drink 8-10 large glasses of clean water daily. It is good for your health. በየቀኑ ከ 8-10 ብርጫቆ ንጹህ ውሃ ይጠጡ።	1=Yes 2=No 98=Do not know
7	Be physically active for at least 30 minutes a day. በየቀኑ ቢያንስ ለ30 ደቂቃ ያህል የአካል እንቅስቃሴ ያድርጉ ፤ ንቁ ይሁኑ።	1=Yes 2=No 98=Do not know
8	Take up to 15–20 grams of fats and oils per day. This means; 1 Tablespoon of oil or 1 Tablespoon of spiced butter daily በየቀኑ ከ 15–20 ግራም ፈሳሽ ዘይትና እና ቂቤ ይመገቡ። ይህ ማለት፦ 2 የሻርገ ማንኪያ ዘይት ወይም 1 የሻርገ ማንኪያ ቂቤ ይመገቡ ።	1=Yes 2=No 98=Do not know
9	Limit intake of sugar, sweets and soft drinks to below 30 grams per day. የስኳር፣ የጥፋጭ ምግቦችና የለስላሳ መጠጦች አወሳሰድ መጠንዎ ከ 30 ግራም በታች እንዲሆን ያድርጉ።	1=Yes 2=No 98=Do not know
10	Limit salt intake to below 5 grams per day. This means; limit the daily salt intake below a teaspoon. በየቀኑ ከ 5 ግራም በታች ጨው ይጠቀሙ። ይህ ማለት፦ የቀን የጨው አጠቃቀሙዎን ከ 1 የሻይ ማንኪያ በታች ያድርጉ ማለት ነው።	1=Yes 2=No 98=Do not know
11	Limit alcoholic drinks – both factory-processed and homemade – to no more than 2 glasses per week. በፋብሪካም ይሁን የቤት ውስጥ የሚዘጋጁ የአልኮል መጠጦች አወሳሰድዎን ይመጥኑ ፤ በሰላምንት ከሁለት ብርጫቆ እንዳይበልጥ ይጠንቀቁ።	1=Yes 2=No 98=Do not know

5. Module Five: Diets and nutrition

5.1. Household Food insecurity

5.1.1.Months of Adequate Household Food Provisioning

Now I would like to ask you about your household's food supply during different months of the year. When responding to these questions, please think back over the last 12 months, starting with the current month until the same time last year.

No.	QUESTION	CODING CATEGORIES	SKIP
1.	Were there month(s), in the past 12 months, in which you did not have enough food to meet your family's needs?	0=No 1=Yes	0→ M14
Which were the months in the past 12 months during which you did not have enough food to meet your family's needs?			

TO THE RA: THIS INCLUDES ANY KIND OF FOOD FROM ANY SOURCE, SUCH AS OWN PRODUCTION, PURCHASE OR EXCHANGE, FOOD AID, OR BORROWING. DO NOT READ THE LIST OF MONTHS ALOUD. USE A SEASONAL CALENDAR IF NEEDED TO HELP RESPONDENT REMEMBER THE DIFFERENT MONTHS. PROBE TO MAKE SURE THE RESPONDENT HAS THOUGHT ABOUT THE ENTIRE PAST 12 MONTHS.

Identify the current month (mm/yyyy)): /

Identify the month that marks the beginning of this 12-month period(mm/yyyy)

No	Month	Response
2.	January	1=Yes 2=No
3.	February	1=Yes 2=No
4.	March	1=Yes 2=No
5.	April	1=Yes 2=No
6.	May	1=Yes 2=No
7.	June	1=Yes 2=No
8.	July	1=Yes 2=No
9.	August	1=Yes 2=No
10.	September	1=Yes 2=No
11.	October	1=Yes 2=No
12.	November	1=Yes 2=No
13.	December	1=Yes 2=No

5.1.2. Household Food insecurity

Now I would like to ask you some questions about food. During the last 12 MONTHS, was there a time when:			
SN	Questions	Answers	
1.	You or others in your household worried about not having enough food to eat because of a lack of money or other resources?	1=Yes 2= No 98=Don't know 97=Refused	☐ ☐ ☐
2.	Still thinking about the last 12 MONTHS, was there a time when you or others in your household were unable to eat healthy and nutritious food because of a lack of money or other resources?	1=Yes 2= No 98=Don't know 97=Refused	☐ ☐ ☐
3.	Was there a time when you or others in your household ate only a few kinds of foods because of a lack of money or other resources?	1=Yes 2= No 98=Don't know 97=Refused	☐ ☐ ☐
4.	Was there a time when you or others in your household had to skip a meal because there was not enough money or other resources to get food?	1=Yes 2= No 98=Don't know 97=Refused	☐ ☐ ☐
5.	Still thinking about the last 12 MONTHS, was there a time when you or others in your household ate less than you thought you should because of a lack of money or other resources?	1=Yes 2= No 98=Don't know 97=Refused	☐ ☐ ☐
6.	Was there a time when your household ran out of food because of a lack of money or other resources?	1=Yes 2= No 98=Don't know 97=Refused	☐ ☐ ☐
7.	Was there a time when you or others in your household were hungry but did not eat because there was not enough money or other resources for food?	1=Yes 2= No 98=Don't know 97=Refused	☐ ☐ ☐
8.	Was there a time when you or others in your household went without eating for a whole day because of a lack of money or other resources?	1=Yes 2= No 98=Don't know 97=Refused	☐ ☐ ☐
During the last 12 months, was there a time when any of the children younger than 5 years old		Skip if no children<5	
9.	Did not eat healthy and nutritious foods because of a lack of money or other resources?	1=Yes 2= No 98=Don't know 97=Refused	
10.	Was not given enough food because of a lack of money or other resources?	1=Yes 2= No 98=Don't know 97=Refused	

5.1.3.Nutritional and health status of Women of Reproductive Age (15-49 Years)

1.	Woman's unique code		
2.	Woman's age in years?	☐ ☐ ☐	
3.	What was your age at first marriage → if married in for marital status in section 1.2	Year (specify) _____ 98=Don't know	☐ ☐ ☐
4.	Have you ever been pregnant?	1= Yes 2 = No →Skip to 11	
5.	What was your age at your first pregnancy	Year (specify) _____ 98=Don't know → Skip to 11	☐ ☐ ☐
6.	Were you pregnant in the last 5 years?	1 = Yes 2 =No →Skip to 11	
7.	Did you see anyone for antenatal care for the recent pregnancy?	1 = Yes 2 = No →Skip to 11	☐
8.	How many times did you receive antenatal care during this pregnancy?	Number of times (specify)	☐ ☐ ☐

		98=Don't know →Skip to 11	
9.	During this pregnancy, did you practice fasting?	1=Yes 2=No	
10.	Are you currently pregnant?	1=Yes 2=No →Skip to 11 98=Don't Know→Skip to 11	

5.1.4. Child Nutritional and Health Status

Now I would like to ask some questions about the health of your children born in the last 5 years. We will talk about each separately.			
S.N	Question	Response	skip
1.	Child's Unique Code		
2.	Child (NAME) age? <i>Age in months or age at the time of the child's death</i>	_____	
3.	Is the child alive now?	1=Yes 2=No → Skip to next module	
4.	In the last six months, was (NAME) given any vitamin A supplement?	1 =Yes 2=No 98=Don't know	
5.	In the last 12 months, was (NAME) given any iron tablet or syrup or supplement?	1 =Yes 2=No 98=Don't know	
6.	In the last 6 months, was (NAME) given any medicine for intestinal worms?	1 =Yes 2=No 98=Don't know	
7.	In the last 6 months, what did the health care provider or community health worker talk with you about? Anything else? RECORD ALL MENTIONED.	1=Breastfeeding 2=Not feeding water or other liquids before six months 3=Introducing food and liquids (other than Breast milk) when the baby reaches Six Months of age 4=Giving a variety of foods 5=Giving animal source foods specifically (e.g., eggs, milk, meat, fish)..... 6=How often to feed foods 7=Not feeding sugar-sweetened beverages 8=None	

5.1.5. Infant and young child feeding practices

For children 0-23 months			
This module is to be administered to the mother/caregiver of children born 0-23 months before the survey, living with respondents. Verify that the respondent you are speaking to is the mother/caregiver of the child.			
Feeding immediately after birth: The respondents are women of reproductive age who have given birth (all live births) in the last two years. whether the child is living or deceased			
1.	Was (NAME) ever breastfed?	1=Yes 2=No → Skip to next module	
2.	Was the child given the first milk (colostrum) after birth?	1=Yes 2=No 98=Don't know	
3.	How long after birth did you first put (NAME) to the breast? If immediately, record "000" If less than one hour, record "00" hours If less than 24 hours, record hours Otherwise, record days	Immediately after birth hours days	

4.	In the first two days after delivery, was [NAME] given anything other than breast milk to eat or drink – anything at all like water, infant formula, or [water with sugar...]? 1=Yes 2=No	
Current breast- and bottle feeding: Questions about current breast- and bottle feeding are asked for all living children under 24 months		
5.	Was [NAME] breastfed yesterday from sunrise until today sunrise? 1=Yes 2=No → Skip to 7 98=Don't know → Skip to 7	
6.	Did (NAME) drink anything from a bottle with a nipple yesterday during the day or night? 1=Yes 2=No 98=Don't know	
Liquids Questions about liquids should be asked for all living children aged under two years.		
7.	Now, I would like to ask you about some liquids that (NAME) may have had yesterday from sunrise until today sunrise? <i>Please tell me about all drinks, whether [NAME] had them at home, or somewhere else.</i> Yesterday during the day or at night, did [NAME] have...? 1=Yes 2=No 98=Don't know	
8.	Plain water 1=Yes 2=No 98 = Don't know	
9.	Infant formula such as S-26, Baby Luck, Nan, Cerelac, Liptomil? 1=Yes 2=No → Skip to 11 98=Don't know → Skip to 11	
10.	If "Yes": How many times did [NAME] drink formula? If 7 or more, record "7" If number of times not known, record "98" 	
11.	Milk from animals, such as fresh, tinned or powdered milk? 1=Yes 2=No → Skip to 14 98=Don't know → skip to 14	
12.	If "yes": How many times did [NAME] drink milk? If 7 or more, record "7" If number of times not known, record "98" 	
13.	If "yes": Was the milk or were any of the milk drinks a sweet or flavored type of milk? 1=Yes 2=No 98=Don't know	
14.	Yogurt drink? Such as <i>Holland...</i> yogurt 1=Yes 2=No → skip to 17 98=Don't know → skip to 17	
15.	If "yes": How many times did [NAME] drink yogurt? If 7 or more, record "7" If number of times not known, record "98" 	
16.	If "yes": Was the yogurt or were any of the yogurt drinks a sweet or flavored type of yogurt drink? 1=Yes 2=No 98=Don't know	
17.	Chocolate-flavored drinks including those made from syrups or powders? 1=Yes 2=No 98=Don't know	
18.	Fruit juice or fruit-flavored drinks including those made from syrups or powders? 1=Yes 2=No 98=Don't know	
19.	Sodas, malt drinks, sports drinks or energy drinks? 1=Yes 2=No 98=Don't know	
20.	Tea, coffee, or herbal drinks? 1=Yes 2=No → skip to 22	

			98=Don't know → skip to 22	
21.		If "yes": Was the drink/ Were any of these drinks sweetened?	1=Yes 2=No 98=Don't know	
22.		Clear broth or clear soup or <i>Atmit</i> ?	1=Yes 2=No 98=Don't know	☐ ☐ ☐
23.		Any other liquids?	1=Yes 2=No → skip to 26 98=Don't know → skip to 26	☐ ☐ ☐
24.		If "yes": what was the liquid or what were the liquids?	_____	
25.		If "yes": Was the drink or were any of these drinks sweetened?	1=Yes 2=No 98=Don't know	
Breast milk Substitute				
26.		In the past six months, have you heard or seen any promotion or advertising for infant formula or other milk targeted for babies?	1=Yes 2=No → skip to 28	
27.		Where did you see or hear it? Anywhere else? RECORD ALL MENTIONED.	1= Hospital 2= Other Health Facility 3= TV/Radio 4= Magazine/Newspaper 5= Internet/social media 6= Shop/Pharmacy 7= Billboard/Public Poster 99= Other (Specify)	
Foods: Questions about foods are asked for all living children under two years.				
OPEN RECALL QUESTIONNAIRE FOR FOODS				
Now I would like to ask you about everything that [NAME] ate yesterday during the day or the night. I am interested in foods your child ate whether at home or somewhere else. Think about when [NAME] woke up yesterday. Did (he/ she) eat anything at that time? If "yes" ask: Please tell me everything [NAME] ate at that time. Probe: Anything else? Record answers using the food groups below. What did [NAME] do after that? Did he/she eat anything at that time? Repeat this series of questions, recording in the food groups, until the respondent tells you that the child woke up this morning. If a mixed dish is mentioned: Probe: What were the main ingredients in [MIXED DISH]? Record answers in the correct food groups 28-45. Yesterday during the day or at night, did (NAME) eat:				
Second pass		For each food group not mentioned after completing the above, ask: Just to make sure, did [NAME] eat [FOOD GROUP ITEMS] yesterday during the day or the night?	Response Code	Skip
			1=Yes 2=No 98= Don't know	
28.		Yogurt, other than yogurt drink?	☐ ☐ ☐	
29.		If "yes": How many times did [NAME] eat yogurt? If more than 7, record "7" If number of times not known, record "98"	☐ ☐ ☐	
30.		Rice, pasta, macaroni, or commercial white bread?		

31.	Enjera, homemade bread, kita, chechebassa, nifiro, qinche, porridge, maize, or barley?	☐ ☐ ☐	
32.	Pumpkin, carrots, squash, or sweet potatoes that are yellow or orange inside?	☐ ☐ ☐	
33.	White potatoes, white yams, bulla, kocho, manioc, cassava or any other foods made from roots?	☐ ☐ ☐	
34.	Mitil gamfo, kik, shiro, ful, ashuk, niforo from beans, eshset from beans, chickpeas, or peas?		
35.	Carrots, pumpkin, or sweet potatoes that are orange inside?		
36.	Ethiopian kale, Swiss chard, broccoli, spinach, moringa leaves, cassava leaves, or sweet potato leaves?		
37.	Tomatoes, eggplant, beetroot, zucchini, or head cabbage?		
38.	Cucumber, lettuce, green pepper, cauliflower, or celery?		
39.	Mango or papaya?	☐ ☐ ☐	
40.	Orange, mandarin, or grapefruit?	☐ ☐ ☐	
41.	Banana, avocado, pineapple, apple, or watermelon?	☐ ☐ ☐	
42.	Guava, dates, prickly pear, strawberries, prim, or peaches?	☐ ☐ ☐	
43.	Cakes, cookies, biscuits, sweet breads, baklava, mushebek, or bombolino?		
44.	Ice cream, candy, or chocolates?		
45.	Eggs?		
46.	Cheese, cottage cheese, or feta?		
47.	Dulet, liver, kidney, heart, lung, or gizzard?	☐ ☐ ☐	
48.	Sausages, canned meat, or kuantu?	☐ ☐ ☐	
49.	Beef, sheep, goat, or raw meat?	☐ ☐ ☐	
50.	Pork or camel?	☐ ☐ ☐	
51.	Chicken?	☐ ☐ ☐	
52.	Fish, dried fish, tuna, or canned fish?	☐ ☐ ☐	
53.	Milk and milk products such as: cottage cheese, cheese (hard or soft) or other food made from milk?	☐ ☐ ☐	
54.	Groundnuts, peanut butter, selit, suf fitfit, suf water, or kolo with nuts or with suf?		
55.	Potato chips?	☐ ☐ ☐	
56.	Indomie?	☐ ☐ ☐	
57.	Chips, fried dough, samosa, spring rolls, or deep-fried vegetables?		
58.	Other solid, semi-solid or soft foods? List all other solid, semi-solid or soft foods that do not fit food groups 28-45 here	☐ ☐ ☐	
59.	Yesterday, did [NAME] eat food from any place like hotel, restaurant etc, Chicken Hut, Pizza Hut, Wow burger, In-and-Out, Kaldis burger, or any burger cafe?	1=Yes 2=No 98= Don't know	
60.	How many times did [NAME] eat any solid, semi-solid or soft foods yesterday during the day or night? If 7 or more times, record "7". If number of times not known, record "98"	Number of times ☐ ☐ ☐	

5.1.6.Diet Quality Questionnaire (DQQ) for Children (6-23 Months old)

1	Was [NAME] ever breastfed?	1=Yes 2=No	DON'T KNOW (DK)
2	How long after birth was [NAME] first put to the breast?	1= Immediately 2= Within in an hour 3= With in less than 24 hours 4= Otherwise? record days	
3	In the first 2 days after delivery? was [NAME] given anything other than breastmilk to eat or drink –anything at all like water? formula? herbal drinks? tena adam? fenugreek water? sugar water? butter?	1=Yes 2=No	DK
4	Was [NAME] breastfed yesterday during the day or at night?	1=Yes 2=No	DK
5	Did [NAME] drink anything from a bottle with a nipple yesterday during the day or at night?	1=Yes 2=No	DK
6	Now I would like to ask you about liquids that [NAME] may have had yesterday during the day or at night. Please tell me about all drinks? whether [NAME] had them at home? or somewhere else. Yesterday during the day or at night? did [NAME] have...		
6A	Plain water?	1=Yes 2=No	DK
6B	Formula? such as Baby Luck? Nan? Cerelac? S-26? or Liptomil?	1=Yes 2=No	DK
6Bnum	IF YES: How many times did (NAME) drink infant formula? (IF 7 OR MORE TIMES? RECORD '7').	#	DK
6C.25	Milk from animals? including fresh or packaged?	1=Yes 2=No	DK
6Cnum	IF YES: How many times did (NAME) drink milk? (IF 7 OR MORE TIMES? RECORD '7').	#	DK
6Cswt.26	IF YES: Was any of the milk a sweet or flavoured type of milk?	1=Yes 2=No	DK
6K	N/A	1=Yes 2=No	DK

6Kswt	N/A	1=Yes 2=No	DK
6E	N/A	1=Yes 2=No	DK
6F.27	Fresh fruit juice? packed fruit juice or fruit drinks?	1=Yes 2=No	DK
6G.28	Leslassa such as Coke? Fanta? Sprite? Sofi Malt? or Malta Guinness?	1=Yes 2=No	DK
6H	Tea? coffee? or herbal drinks?	1=Yes 2=No	DK
6Hswt.26	IF YES: was the drink sweetened?	1=Yes 2=No	DK
6I	Clear broth or clear soup?	1=Yes 2=No	DK
6J	Any other liquids?	1=Yes 2=No	DK
	IF YES: What was the liquid or what were the liquids?		
6Jswt	IF YES: Was the drink sweetened?	1=Yes 2=No	DK
7	Now I would like to ask you about foods that [NAME] had yesterday during the day or at night. I am interested in foods your child ate whether at home or somewhere else. Please think about snacks and small meals as well as main meals. I will ask you about different types of foods? and I would like to know whether your child ate the food even if it was combined with other foods. Please do not answer 'yes' for any food or ingredient used in a small amount to add flavour to a dish. Yesterday during the day or at night? did [NAME] eat:		
7.15	Yogurt?	1=Yes 2=No	DK
7.15num	IF YES: How many times did (NAME) have yogurt?	#	DK
6D	IF YES: Did (NAME) have any yogurt as a drink?	1=Yes 2=No	DK
6Dswt	IF YES: Was it a sweet or flavored type of drink?	1=Yes 2=No	DK
	Yesterday? did [NAME] eat any of the following foods:		
7.1	Rice? pasta? macaroni? or commercial white bread?	1=Yes 2=No	DK
7.2	Enjera? homemade bread? kita? chehebassa? nifiro? qinche? porridge? maize? or barley?	1=Yes 2=No	DK

7.3	Potato? sweet potato? any food from enset? yam? anchote? cassava? or taro?	1=Yes 2=No	DK
7.4	TRT-	1=Yes 2=No	DK
	Yesterday? did [NAME] eat any of the following vegetables		
7.5	Carrots? pumpkin? or sweet potatoes that are orange inside?	1=Yes 2=No	DK
7.6	Ethiopian kale? Swiss chard? broccoli? spinach? moringa leaves? cassava leaves? or sweet potato	1=Yes 2=No	DK
7.7.1	Tomatoes? eggplant? beetroot? zucchini? or head cabbage?	1=Yes 2=No	DK
7.7.2	Cucumber? lettuce? green pepper? cauliflower? or celery?	1=Yes 2=No	DK
	Yesterday? did [NAME] eat any of the following fruits:		
7.8	Mango or papaya?	1=Yes 2=No	DK
7.9	Orange? mandarin? or grapefruit?	1=Yes 2=No	DK
7.10.1	Banana? avocado? pineapple? apple? or watermelon?	1=Yes 2=No	DK
7.10.2	Guava? dates? prickly pear? plum? or peaches?	1=Yes 2=No	DK
	Yesterday? did [NAME] eat any of the following sweets:	1=Yes 2=No	DK
7.11	Cakes? cookies? biscuits? sweet breads? baklava? mushebek? or bombolino?	1=Yes 2=No	DK
7.12	Ice cream? candy? or chocolates?	1=Yes 2=No	DK
	Yesterday? did [NAME] eat any of the following foods of animal origin:		
7.13	Eggs?	1=Yes 2=No	DK
7.14	Cheese? cottage cheese? or feta?	1=Yes 2=No	DK
7.15	Dulet? liver? kidney? heart? lung? or gizzard?	1=Yes 2=No	DK
7.16	Sausages? canned meat? or kuanta?	1=Yes 2=No	DK
7.17	Beef? sheep? goat? or raw meat?	1=Yes 2=No	DK
7.18	Pork or camel?	1=Yes 2=No	DK
7.19	Chicken?	1=Yes 2=No	DK
7.20	Fish? dried fish? tuna? or canned fish?	1=Yes 2=No	DK
7.21	Insect	1=Yes 2=No	DK

	Yesterday? did [NAME] eat any of the following other foods:	1=Yes 2=No	DK
7.21	Groundnuts? peanut butter? selit? suf fitfit? suf water? or kolo with nuts or with suf?	1=Yes 2=No	DK
7.22	Potato chips?	1=Yes 2=No	DK
7.23	Indomie?	1=Yes 2=No	DK
7.24	Chips? fried dough? samosa? spring rolls? or deep-fried vegetables?	1=Yes 2=No	DK
7red	N/A	1=Yes 2=No	DK
7R	Any other solid? semi-solid? or soft food?	1=Yes 2=No	DK
	IF YES: What was the food?	1=Yes 2=No	DK
	Yesterday? did [NAME] eat food from any place like...	1=Yes 2=No	DK
7.29	Chicken Hut? Pizza Hut? Wow burger? In-and-Out? Kaldis burger? or any burger cafe?	1=Yes 2=No	DK
CHECK ማረጋገጫ	Note for interviewer: If not a single “yes” for foods is recorded? ask 7S.		
	If at least one “yes” for foods? skip to 8.		
7S	Did [NAME] eat any solid? semi-solid? or soft food yesterday during the day or night?	1=Yes 2=No	DK
8	How many times did [NAME] eat any solid? semi-solid or soft foods yesterday during the day or night? If 7 or more times? record “7	1=Yes 2=No	DK

5.1.7. Diet Quality Questionnaire (DQQ) for Children (2-5 years old)

Read: Now I’d like to ask you some yes-or-no questions about foods and drinks that your child consumed yesterday during the day or night, whether he/she had it at home or somewhere else.

First, I would like you to think about yesterday, from the time your child woke up through the night. Think to yourself about the first thing you ate or drank after you woke up in the morning ... Think about where he/she were when you had any food or drink in the middle of the day ... Think about where he/she were when you had any evening meal ... and any food or drink he/she may have had in the evening or late-night... and any other snacks or drinks he/she may have had between meals throughout the day or night.

I am interested in whether you had the food items I will mention even if they were combined with other foods.

Please listen to the list of foods and drinks, and if you ate or drank ANY ONE OF THEM, say yes.

	Yesterday, did you eat any of the following foods:	CODE
1	Rice, pasta, macaroni, or commercial white bread?	1=Yes 2=No

2	Enjera, homemade bread, kita, chechebassa, nifiro, qinche, porridge, maize, or barley? Kolo from grains, chiko, or beso?	1=Yes 2=No
3	Potato, sweet potato, any food from enset, yam, anchote, cassava, or taro?	1=Yes 2=No
4	Kik, shiro, ful, helbet, siljo, ashuk, nifro from beans, kolo from beans, eshet from beans, chickpeas, or peas?	1=Yes 2=No
	Yesterday, did you eat any of the following vegetables:	
5	Carrots, pumpkin, or sweet potatoes that are orange inside?	1=Yes 2=No
6	Ethiopian kale, Swiss chard, broccoli, spinach, moringa leaves, cassava leaves, or sweet potato leaves?	1=Yes 2=No
7.1	Tomatoes, eggplant, beetroot, zucchini, or head cabbage?	1=Yes 2=No
7.2	Cucumber, lettuce, green pepper, cauliflower, or celery?	1=Yes 2=No
	Yesterday, did you eat any of the following fruits:	
8	Mango or papaya?	1=Yes 2=No
9	Orange, mandarin, or grapefruit?	1=Yes 2=No
10.1	Banana, avocado, pineapple, apple, or watermelon?	1=Yes 2=No
10.2	Guava, dates, prickly pear, strawberries, prim, or peaches?	1=Yes 2=No
	Yesterday, did you eat any of the following sweets:	
11	Cakes, cookies, biscuits, sweet breads, baklava, mushebek, or bombolino?	1=Yes 2=No
12	Ice cream, candy, or chocolates?	1=Yes 2=No
	Yesterday, did you eat any of the following foods of animal origin:	
13	Eggs?	1=Yes 2=No
14	Cheese, cottage cheese, or feta?	1=Yes 2=No
15	Yogurt?	1=Yes 2=No
16	Sausages, canned meat, or kuantu?	1=Yes 2=No
17	Beef, sheep, goat, or raw meat?	1=Yes 2=No
18	Pork or camel?	1=Yes 2=No
19	Chicken?	1=Yes 2=No
20	Fish, dried fish, tuna, or canned fish?	1=Yes 2=No

	Yesterday, did you eat any of the following other foods:	
21	Groundnuts, peanut butter, selit, suf fitfit, suf water, or kolo with nuts or with suf?	1=Yes 2=No
22	Potato chips?	1=Yes 2=No
23	Indomie?	1=Yes 2=No
24	Chips, fried dough, samosa, spring rolls, or deep fried vegetables?	1=Yes 2=No
	Yesterday, did you have any of the following beverages:	1=Yes 2=No
25	Dairy milk, milk powder, or milk in tea?	1=Yes 2=No
26	Tea with sugar, coffee with sugar, sprisse with sugar, macchiato, or milk with sugar?	1=Yes 2=No
27	Fresh fruit juice, packed fruit juice or fruit drinks?	1=Yes 2=No
28	Sweet beverages (Leslassa) such as Coke, Fanta, Sprite, Sofi Malt, or Malta Guinness?	1=Yes 2=No
	Yesterday, did you get food from any place like...	
29	Chicken Hut, Pizza Hut, Wow burger, In-and-Out, Kaldis burger, or any burger cafe?	1=Yes 2=No

5.1.8. Women empowerment

Sr. No	Question	Response
1.	Have you done any work in last 12 months?	0=No; In the past year→ Skip to 4 1=Have a job, but on leave last 7 days 2= Currently working
2.	What is your occupation? That is, what kind of work do you mainly do?	_____
3.	Are you paid in cash or kind for this work or are you not paid at all?	1= Cash only 2= Cash and kind 3= In kind only 4= Not paid
4.	How often do you read a newspaper or magazine: almost every day, at least once a week, less than once a week or not at all?	1= at least once a week 2= less than once a week 3= not at all
5.	Who usually decides how the money you earn will be used?	1= Mainly myself 2= Mainly husband/partner 3 =Joint decision 99 = Other specify
6.	Who usually decides how your (husband's/partner's) earnings will be used: you, your (husband/partner), or you and your (husband/partner) jointly?	1= Myself 2= husband/partner 3 =Joint decision 4= husband/partner has no earning 99 = Other specify

7.	Who usually makes decisions about health care for yourself?	1= Mainly myself 2 = Mainly husband/partner 3 =Joint decision 4= Someone else 99=Other
8.	Who usually makes decisions about making major household purchases?	1=Mainly myself 2=Mainly husband/partner 3=Joint decision 4=Someone else 99=Other specify
9.	Who usually makes decisions about visits to your family or relatives?	1= Mainly myself 2 = Mainly husband/partner 3 =Joint decision 4= Someone else 99= Other specify
10.	Who usually makes decisions about your child health care?	1= Mainly myself 2 = Mainly husband/partner 3 =Joint decision 4= Someone else 99= Other specify (have no children)
11.	Do you own this or any other house either alone or jointly with someone else?	1= Alone 2= Jointly with husband/partner 3= Jointly with someone else 4= Jointly with husband/partner and someone else 5= Both alone and jointly 6= Does not own
12.	Do you own any agricultural or non-agricultural land either alone or jointly with someone else?	1= Alone 2= Jointly with husband/partner 3= Jointly with someone else 4= Jointly with husband/partner and someone else 5= Both alone and jointly 6= Does not own
13.	In your opinion, is a husband justified in hitting or beating his wife in the following situations A= if she goes out without telling him B= if she neglects the children C= if she argues with him D= if she refused having sex with him E= if she burns the food	1=Yes 2=No 98=Don't know A= goes out B= neglects the children C= argues D= refused sex E= burns food

5.1.9. Diet Quality Questionnaire (DQQ) for Women

Read: Now I'd like to ask you some yes-or-no questions about foods and drinks that you consumed yesterday during the day or night, whether you had it at home or somewhere else.

First, I would like you to think about yesterday, from the time you woke up through the night. Think to yourself about the first thing you ate or drank after you woke up in the morning ... Think about where you were when you had any food or drink in the middle of the day ... Think about where you were when you had any evening meal ... and any food or drink you may have had in the evening or late-night... and any other snacks or drinks you may have had between meals throughout the day or night.

I am interested in whether you had the food items I will mention even if they were combined with other foods.

Please listen to the list of foods and drinks, and if you ate or drank ANY ONE OF THEM, say yes.

	Yesterday, did you eat any of the following foods:	(Circles answer)
1	Rice, pasta, macaroni, or commercial white bread?	1=Yes 2=No
2	Enjera, homemade bread, kita, chechebassa, nifiro, qinche, porridge, maize, or barley?	1=Yes 2=No
3	Potato, sweet potato, any food from enset, yam, anchote, cassava, or taro?	1=Yes 2=No
4	Kik, shiro, ful, helbet, siljo, ashuk, nifro from beans, kolo from beans, eshet from beans, chickpeas, or peas?	1=Yes 2=No
	Yesterday, did you eat any of the following vegetables:	1=Yes 2=No
5	Carrots, pumpkin, or sweet potatoes that are orange inside?	1=Yes 2=No
6.1	Ethiopian kale, Swiss chard, broccoli, spinach, moringa leaves, cassava leaves, or sweet potato leaves?	1=Yes 2=No
7.1	Tomatoes, eggplant, beetroot, zucchini, or head cabbage?	1=Yes 2=No
7.2	Cucumber, lettuce, green pepper, cauliflower, or celery?	1=Yes 2=No
	Yesterday, did you eat any of the following fruits:	
8	Mango or papaya?	1=Yes 2=No
9	Orange, mandarin, or grapefruit?	1=Yes 2=No
10.1	Banana, avocado, pineapple, apple, or watermelon?	1=Yes 2=No
10.2	Guava, dates, prickly pear, strawberries, prim, or peaches?	1=Yes 2=No
	Yesterday, did you eat any of the following sweets:	1=Yes 2=No
11	Cakes, cookies, biscuits, sweet breads, baklava, mushebek, or bombolino?	1=Yes 2=No
12	Ice cream, candy, or chocolates?	1=Yes 2=No
	Yesterday, did you eat any of the following foods of animal origin:	1=Yes 2=No
13	Eggs?	1=Yes 2=No
14	Cheese, cottage cheese, or feta?	1=Yes 2=No
15	Yogurt?	1=Yes 2=No
16	Sausages, canned meat, or kuantu?	1=Yes 2=No
17	Beef, sheep, goat, or raw meat?	1=Yes 2=No
18	Pork or camel?	1=Yes 2=No
19	Chicken?	1=Yes 2=No
20	Fish, dried fish, tuna, or canned fish?	1=Yes 2=No
	Yesterday, did you eat any of the following other foods:	1=Yes 2=No
21	Groundnuts, peanut butter, selit, suf fitfit, suf water, or kolo with nuts or with suf?	1=Yes 2=No
22	Potato chips?	1=Yes 2=No
23	Indomie?	1=Yes 2=No
24	Chips, fried dough, samosa, spring rolls, or deep-fried vegetables?	1=Yes 2=No
	Yesterday, did you have any of the following beverages:	1=Yes 2=No
25	Dairy milk, milk powder, or milk in tea?	1=Yes 2=No
26	Tea with sugar, coffee with sugar, sprisse with sugar, macchiato, or milk with sugar?	1=Yes 2=No
27	Fresh fruit juice, packed fruit juice or fruit drinks?	1=Yes 2=No
28	Sweet beverages (Leslassa) such as Coke, Fanta, Sprite, Sofi Malt, or Malta Guinness?	1=Yes 2=No
	Yesterday, did you get food from any place like...	1=Yes 2=No
29	Chicken Hut, Pizza Hut, Wow burger, In-and-Out, Kaldis burger, or any burger cafe?	1=Yes 2=No

5.1.10. Adolescent girls (10-19 Years)

Hint: This section is administered for Adolescent girls 10-19 years old. Provide a paper copy of both the informed consent and Assent Form to the respondent Read the consent (for mothers of adolescent girls) and Assent (adolescent girls) form			
1.	Girl's unique code		
2.	Are you currently a student?	1=Yes 2=No	
3.	Were you given any iron/folate tablets at school or out of school? (Show the tablet)	1=Yes 2=No	
4.	How many weeks per month have you taken the iron tablets?	Weeks per month (specify) 98=Don't know	
5.	Were you given any drug for intestinal worms at school or out of school in the last six months?	1=Yes 2=No	
6.	Have you received any nutrition counseling in the last six months?	1=Yes 2=No	
7.	Did you receive nutritional assessment services in health facilities when you went for any kind of health service?	1=Yes 2=No	
8.	Is there any food taboo for adolescent girls in your community?	1=Yes 2=No	
9.	Mention types of food taboo?		

5.1.11. Diet Quality Questionnaire (DQQ) for Adolescent girls (10-19 Years)

Read: Now I'd like to ask you some yes-or-no questions about foods and drinks that you consumed yesterday during the day or night, whether you had it at home or somewhere else.

First, I would like you to think about yesterday, from the time you woke up through the night. Think to yourself about the first thing you ate or drank after you woke up in the morning ... Think about where you were when you had any food or drink in the middle of the day ... Think about where you were when you had any evening meal ... and any food or drink you may have had in the evening or late-night... and any other snacks or drinks you may have had between meals throughout the day or night.

I am interested in whether you had the food items I will mention even if they were combined with other foods.

Please listen to the list of foods and drinks, and if you ate or drank ANY ONE OF THEM, say yes.

	Yesterday, did you eat any of the following foods:	(Circles answer)
1	Rice, pasta, macaroni, or commercial white bread?	YES or NO
2	Enjera, homemade bread, kita, chechebassa, nifiro, qinche, porridge, maize, or barley?	YES or NO
3	Potato, sweet potato, any food from enset, yam, anchote, cassava, or taro?	YES or NO
4	Kik, shiro, ful, helbet, siljo, ashuk, nifro from beans, kolo from beans, eshet from beans, chickpeas, or peas?	YES or NO
	Yesterday, did you eat any of the following vegetables:	
5	Carrots, pumpkin, or sweet potatoes that are orange inside?	YES or NO
6.1	Ethiopian kale, Swiss chard, broccoli, spinach, moringa leaves, cassava leaves, or sweet potato leaves?	YES or NO
7.1	Tomatoes, eggplant, beetroot, zucchini, or head cabbage?	YES or NO
7.2	Cucumber, lettuce, green pepper, cauliflower, or celery?	YES or NO

	Yesterday, did you eat any of the following fruits:	
8	Mango or papaya?	YES or NO
9	Orange, mandarin, or grapefruit?	YES or NO
10.1	Banana, avocado, pineapple, apple, or watermelon?	YES or NO
10.2	Guava, dates, prickly pear, strawberries, prim, or peaches?	YES or NO
	Yesterday, did you eat any of the following sweets:	
11	Cakes, cookies, biscuits, sweet breads, baklava, mushebek, or bombolino?	YES or NO
12	Ice cream, candy, or chocolates?	YES or NO
	Yesterday, did you eat any of the following foods of animal origin:	
13	Eggs?	YES or NO
14	Cheese, cottage cheese, or feta?	YES or NO
15	Yogurt?	YES or NO
16	Sausages, canned meat, or kuantu?	YES or NO
17	Beef, sheep, goat, or raw meat?	YES or NO
18	Pork or camel?	YES or NO
19	Chicken?	YES or NO
20	Fish, dried fish, tuna, or canned fish?	YES or NO
	Yesterday, did you eat any of the following other foods:	
21	Groundnuts, peanut butter, selit, suf fitfit, suf water, or kolo with nuts or with suf?	YES or NO
22	Potato chips?	YES or NO
23	Indomie?	YES or NO
24	Chips, fried dough, samosa, spring rolls, or deep-fried vegetables?	YES or NO
	Yesterday, did you have any of the following beverages:	
25	Dairy milk, milk powder, or milk in tea?	YES or NO
26	Tea with sugar, coffee with sugar, sprisse with sugar, macchiato, or milk with sugar?	YES or NO
27	Fresh fruit juice, packed fruit juice or fruit drinks?	YES or NO
28	Sweet beverages (Leslassa) such as Coke, Fanta, Sprite, Sofi Malt, or Malta Guinness?	YES or NO
	Yesterday, did you get food from any place like...	
29	Chicken Hut, Pizza Hut, Wow burger, In-and-Out, Kaldis burger, or any burger cafe?	YES or NO

5.1.12. Dietary Intake (FFQ) for Caregiver/Women

Food frequency questionnaire answered by the mothers Instruction: For each food item listed below, indicate with a checkmark (✓) the category that best describes the frequency with which you usually eat that particular food item. Thinking about the last three months, how frequently did you eat the following food items within per week during the last one months and one year													
	Food item	Once or more than once per day	3-6 times per week	Once or twice per week	Twice per month or less	never		Food item	Once or more than once per day	3-6 times per week	Once or twice per week	Twice per month or less	never

	Orange							Avocado					
	Banana							Carrot					
	Mango							pumpkin					
	Tomato							Sweet potatoes					
	Potatoes							Sorghum					
	Beetroot							Maize					
	Cabbage/kale							Teff					
	Papaya							Cheese/cottage cheese					
	Lentils							Butter					
	Chickpeas							Whey					
	Lettuce							Yogurt					
	Haricot beans							Chicken					
	Enset							Eggs					
	Beans/ broad bean							Fish					
	Wheat							Beef					
	Barley							Milk					
	Millet							Rice					
	Moringa							Guava					

5.1.13. Dietary Intake (FFQ) for Children (6-59 Months)

Food frequency questionnaire answered by the mothers Instruction: For each food item listed below, indicate with a checkmark (✓) the category that best describes the frequency with which the child usually eat that particular food item. Thinking about the last three months, how frequently did your child eat the following food items within per week during the last one months and one year													
	Food item	Once or more than once per day	3-6 times per week	Once or twice per week	Twice per month or less	never		Food item	Once or more than once per day	3-6 times per week	Once or twice per week	Twice per month or less	never
	Orange							Avocado					
	Banana							Carrot					
	Mango							pumpkin					
	Tomato							Sweet potatoes					
	Potatoes							Sorghum					
	Beetroot							Maize					
	Cabbage/kale							Teff					

	Papaya							Cheese/cottage cheese					
	Lentils							Butter					
	Chickpeas							Whey					
	Lettuce							Yogurt					
	Haricot beans							Chicken					
	Enset							Eggs					
	Beans/ broad bean							Fish					
	Wheat							Beef					
	Barley							Milk					
	Millet							Rice					
	Moringa							Guava					

6. Module Six: Consumer behavior

6.1. Knowledge, Attitudes and Motives

6.1.1. Knowledge

1.	How long after birth should a baby start breastfeeding?	1=Immediately, within 1 hour of delivery 2= Some hours later but within 24 hours 3=After 1 day 4=After 2 days 5=After 3 days 6=Do not think a baby should be breastfed 98=Don't know
2.	How long should a baby receive nothing other than breast milk?	1= From birth to six months 98= Don't know 99= Other specify
3.	How often should a baby younger than six months be breastfed?	1= On demand, whenever the baby wants 98= Don't know 99= Other specify
4.	How much should a child be fed when he/she is sick?	1=Less than usual 2=Same as usual 3=More than usual 98=Don't know
5.	How often should a child be fed when he/she is sick?	1=Less than usual 2=Same as usual 3=More than usual 98=Don't know
6	What should you do (in relation to feeding) AFTER a child has recovered from diarrhea or other illness? (MULTIPLE RESPONSES POSSIBLE)	1=Feed less than usual 2=Feed as much food as usual 3=Feed more than usual 4=Feed an extra meal every day for 2 weeks 5=Give more liquids than usual 6=Continue breastfeeding 99=Other specify
7	Have you ever heard of child stunting?	1=Yes 2=No if no skip to 10
8	At what age are children at highest risk of becoming stunted?	1=At the first two years of life 98=Don't know 99=Other specify
9	What are the consequences of stunting for young children? Mark all that are mentioned by the respondent Don't prompt	1= Higher risk of severe infectious diseases 2=Poor educational performance 3=Weaker immune system 4=Low adult wages 5=Lost productivity 6=Excessive weight gain in later life 7=Increased risk of nutrition-related chronic diseases in adult life 98=Do not know
10	Have you heard about vitamin A deficiency or lack of vitamin A?	1= Yes 2= No 99= don't know
11	If Yes: Can you tell me how you can recognize someone who lacks vitamin A in his or her body?	1= Weakness/feels less energetic 2= be more likely to become sick (less immunity to infections) 3= Eye problems; night blindness (inability to see at dusk and in dim light), dry eyes, corneal damage, blindness 98= other 99= don't know
12	Have you heard about iron-deficiency anemia?	1= Yes 2= No 99= Don't know
13	If Yes: Can you tell me how you can recognize someone who has anemia?	1= Less energy/weakness 2= Paleness/pallor 3= Spoon nails/bent nails (koilonychia) 4= More likely to become sick (less immunity to infections) 98= Other 99= don't know

14	How can you recognize that someone is not having enough food?	1= Lack of energy/weakness; cannot work, study or play as normal (disability) 2= Weakness of the immune system (become ill easily or becomes seriously ill) 3= loss of weight / thinness 4= children do not grow as they should (growth faltering) 98= other 99= do not know
15	What are the reasons why people are undernourished?	1= Not getting enough food 2= food is watery, does not contain enough nutrients 3= Disease/ ill and not eating food 98= other 99= don't know
16	Most women would benefit from two types of supplements, or tablets, during pregnancy. Which are they?	1= Iron supplements 2= Folic acid supplements 98= other 99= don't know
17	When I have questions on healthy nutrition, I know where I can find information on this issue.	1=Yes 2=No

6.1.2. Attitudes and motives

Instruction: I am going to read you some statements attitudes and motives on about your nutrition and feeding. Please tell me if you agree with these statements.

**Remember, there are no correct answers! I would like to know your opinion.*

1.	What is the primary motive for the food you eat in a typical day?	1=Food easy to prepare 2=Food easily available 3=Food that smells, tastes, and looks nice 4=Food with a pleasant texture 5=Food that is relatively cheap 6=Food that is healthy 99=Other (Specify)
2	How good do you think it is to eat less, for example by eating smaller portions of food?	1=Not good 2=You are not sure 3=Good
3	Can you tell me the reasons why it is not good?	
4	How likely do you think you are to become overweight or obese?	1=Not likely 2=You are not sure 3=Likely
5	How serious do you think it is to be overweight or obese?	1=Not really serious 2=Neutral/serious 3=Serious
6	Poor diet during pregnancy and the first two years of child age can cause child stunting	1= Do not agree 2= Neutral 3= Agree 98=Don't Know
7	Colostrum (the "first yellowish milk") is not good for the baby and should be discarded	1= Do not agree 2= Neutral 3= Agree 98=Don't Know
8	It is good to give a baby only breastmilk and no other foods or liquids for the first six months	1= Do not agree 2= Neutral 3= Agree 98=Don't Know
9	If a child is sick (for example has fever/diarrhea) breastfeeding must be stopped	1= Do not agree 2= Neutral 3= Agree 98=Don't Know
10	A woman should consume iodized salt during pregnancy	1= Do not agree 2= Neutral 3= Agree 98=Don't Know

11	How good do you think is it to give diverse foods to your child each day? Nyaata gosa garaa garaa daa'ima keefi guyyaa guyyaa ti kennuun hagam gaariidha jettee yaadda?	1=not good 2=Not are not sure 3=good 98= don't know 1=gaarii miti 2=adda hin baafne 3=gaariidha 98=Hin beeku
12	How likely do you think that your baby could be born underweight? Daa'ima ulfaatini isaa/ishee xiqqaa ta'e nin da'a jettee ni yaaddaa?	1=not good 2=Not are not sure 3=good 98= don't know 1=gaarii miti 2=adda hin baafne 3=gaariidha 98=Hin beeku
13	How likely do you think your child is to be undernourished, that is they stop growing or lose weight? Daa'imni kee nyaataa ga'aa nyaatuu dhanuu irraan kan ka'e guddina dhaabe ykn qallate jette ni yaaddaa?	1=not good 2=Not are not sure 3=good 98= don't know 1=gaarii miti 2=adda hin baafne 3=gaariidha 98=Hin beeku

6.2. Practices

6.2.1. Access to clean water

1	What is the main source of drinking-water for members of your household?	1= Piped water into dwelling 2= Piped water to yard/plot 3= Public tap/standpipe 4= Tube well/borehole 5= Protected dug well 6= Unprotected dug well 7= Protected spring 8= Unprotected spring 9= Rainwater collection 10= Bottled water 11= Surface water (river, dam, lake, pond, stream, canal, irrigation channels) 99=Other specify
2	What is the main source of water used by your household for other purposes, such as cooking and hand washing?	1= Piped water into dwelling 2= Piped water to yard/plot 3= Public tap/standpipe 4= Tube well/borehole 5= Protected dug well 6= Unprotected dug well 7= Protected spring 8= Unprotected spring 9= Rainwater collection 10= Bottled water 11= Surface water (river, dam, lake, pond, stream, canal, irrigation channels) 99=Other specify
3	How long does it take to go there, get drinking water, and come back?	____ (minutes) (0 if water is on premises) 98=Do not know
4	How long does it take to go there, get water other purpose, and come back?	____ (minutes) (0 if water is on premises)
5	What do you usually do to the water to make it safer to drink?	1=Boil 2=Add bleach/chlorine 3=Strain it through a cloth 4=Use a water filter (ceramic, sand, composite, etc.) 5=Solar disinfection 6=Let it stand and settle 7=Nothing 98=Do not know 99=Other (specify)
6	When do you wash your hands? (Multiple Responses Possible) PROBE: Make sure you capture all the responses by gently probing: "Is there any other time?"	1 = After defecation/using toilet 2 = Before eating 3 = Before preparing food 4 = Before serving a meal 4 = Before praying 5 = Before feeding a child 6 = After changing a baby's diaper/cleaning

		7 = After touching dirty things 8 = After cleaning home 9 = When I wake up in morning 99= Other specify
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6.2.2. Access to clean energy

1	Which of the following household fuels do you use?	1= Solid fuel in an open/three stone fire 2= Solid fuel in a traditional stove 3= Solid fuel in an improved stove (lakech, mirt) 4= Liquid or gas fuel and associated stove 5= Electricity and associated stove 99=Other specify
2	Do you have access to electricity?	1= No access to electricity at all 2= Access to third party charging only 3= Access to solar lantern or solar phone charger 4=Yes, intermittent electricity 5= Yes, with reliable electricity access 99=Other specify
3	If no access to electricity, how long does it take to go there, get firewood, and come back?	____ (minutes) 98=Do not know
4	Total amount of money spent on energy per month	----- (in birr)

6.2.3. Food Preparation

1	In a typical day and for a typical food, how many hours on average do you spend preparing, cooking, and cleaning up from meals each time?	____ minutes (enter 0 if you do not prepare a food at home) Or 0= Do not prepare a food at home 1= less than 1 hour/day 2= between 1–2 hours/day 3= More than 2 hours/day 98=Do not know
2	Have you attended a cooking demonstration in the last six months in your community?	1=Yes 2=No 98=Do not know

	Top 3 most frequently prepared dishes	Ingredients	Usual Cooking time (in minutes)
2	Dish 1		
3	Dish 2		
4	Dish 3		

6.3. Storage

1.	Do you use refrigeration as a method of preservation of foods?	1. Yes 2. No →
2.	Do you dry foods as a method of preservation of food items?	1. Yes 2. No
3.	Do you use traditional or modern methods of preserving food items such as milk?	
4.	Do you use food rack as a method of preserving foods?	1. Yes 2. No

7. Module Seven: Social Welfare and Public Transfer Programs

1.	In the last 12 months, has your household been receiving payments for doing public works for the PSNP?	1=Yes 2=No → Skip to 7
		Unit
2.	In the last 12 months, how many days have adult members in your household undertaken PSNP work?	(Days)
3.	How much cash has your household received?	(Birr)
4.	How much grain has your household received? Put the cash equivalent value?	(Birr)
5.	How much cooking oil has your household received? Put the cash equivalent value?	(Birr)
6.	How much pulses have the household received? Put the cash equivalent value?	(Birr)

7.	In the last 12 months, has anyone in your household received other kinds of social transfers, such as pension, government transfer and support from non-governmental organizations (NGO)?				1=Yes 2=No → Skip to module 8
	Type of social welfare and public transfers	How much cash has your household received in the last 12 months? (Birr)	How much grain has your household received in the last 12 months? (Put cash equivalent value) (Birr)	How much cooking oil has your household received in the last 12 months? (Put cash equivalent value) (Birr)	How much pulses has the household received in the last 12 months? (Put the cash equivalent value) (Birr)
8.	Pension				
9.	Social cash transfers				
10.	Government transfers other than PSNP				
11.	Transfers from NGO				
12.	Other social or public transfers				

8. Module Eight: Access to Basic Services

1	What is the distance from the household's residence to the nearest place where there is a commercial bank ?	____ Kilometers ____ Minutes
2	What is the distance from the household's residence to the nearest place where there is a microfinance institution ?	____ Kilometers ____ Minutes
3	What is the distance from the household's residence to the nearest place where there is an SACCO ?	____ Kilometers ____ Minutes
4	What is the distance from the household's residence to the nearest place where there is an Insurance branch ?	____ Kilometers ____ Minutes
5	What is the distance from the household's residence to the nearest place where there is a health post ?	____ Kilometers ____ Minutes
6	How far is the household's residence from the WOREDA town?	____ Kilometers

		_ _ _ Minutes
7	What is the type of main <i>access road surface</i> in this community? 1=Tar/Asphalt 2=Graded graveled 3=Dirt Road (Maintained) 4=Dirt Track 5=No road	_ _ _ Kilometers _ _ _ Minutes
8	How far is it from the household's residence to the nearest <i>tar/ asphalt road</i> ? <i>Write '0' if there is a Tar/Asphalt Road in the community.</i>	_ _ _ Kilometers _ _ _ Minutes
9	How far is it the household's residence from to the <i>nearest bus station</i> ? <i>IF IN COMMUNITY, WRITE "0".</i>	
10	What is the distance from the household's residence to the <i>nearest large weekly market</i> ?	_ _ _ Kilometers _ _ _ Minutes